

Irish Arabella

Choreographer : Colin Ghys, José Miguel Belloque Vane & Mike Liadouze

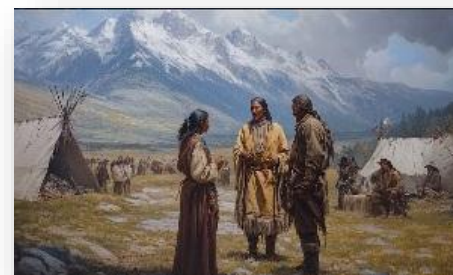
Type of dance : 2 Wall

Level : High Improver

Counts : 48

Intro : 16 + 32 + 10 counts

Music : Arabella – by Nathan Evans & SAINT PHNX



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[1-8] ROCK & STOMP SIDE, BEHIND SIDE CROSS, ROCK SIDE, BEHIND SIDE FORWARD

- 1-2 Rock & Stomp RF side, Recover on LF side
- 3&4 Cross RF behind LF, Step LF side, Cross RF over LF
- 5-6 Rock LF side, Recover on RF side
- 7&8 Cross LF behind RF, Step RF side, Step LF forward

[9-16] STEP FORWARD, KICK BALL STEP, STEP FORWARD, STEP ¼ TURN, CROSS TOE STRUT

- 1 Step RF forward
- 2&3 Kick LF forward, Step LF together, Step RF forward
- 4 Step LF forward
- 5-6 Step RF forward, ¼ turn L... Step LF side (9:00)
- 7-8 Touch R toe crossed over LF, Lower R heel transferring weight on RF

[17-24] SHUFFLE SIDE, CROSS SHUFFLE, WALK AROUND IN ¾ CIRCLE, HITCH

- 1&2 Step LF side, Step RF together, Step LF side
- 3&4 Cross RF over LF, Step LF side, Cross RF over LF
- 5-6 ¼ turn L... Step LF forward, ¼ turn L... Step RF forward (3:00)
- 7-8 ¼ turn L... Step LF forward, Hitch R knee (12:00)

[25-32] CROSS, SIDE, SAILOR HEEL, CROSS, ¼ STEP BACK, ¼ BIG STEP SIDE & DRAG

- 1-2 Cross RF over LF, Step LF side
- 3&4& Cross RF behind LF, Step LF side, Touch R heel diagonally forward, Step RF together
- 5-6 Cross LF over RF, ¼ turn L... Step RF back (9:00)
- 7-8 ¼ turn L... Big step LF side, Drag RF toward LF (6:00)

Styling : during counts 33 to 48 add hands on hips

[33-40] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

- 1&2& Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place
- 3&4& Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place
- 5-6 Step RF forward, ½ turn L... Step LF forward (12:00)
- 7&8 Brush RF together, Hitch R knee, Cross RF over LF

[41-48] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS

- 1&2& Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place
- 3&4& Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place
- 5-6 Step LF forward, ½ turn R... Step RF forward (6:00)
- 7&8 Brush LF together, Hitch L knee, Cross LF over RF

START AGAIN

TAG after 32 counts on WALL 2 & WALL 4 (12:00)

[1-8] JAZZ BOX, SIDE, TOUCH, SIDE, TOUCH

- 1-2 Cross RF over LF, Step LF back
- 3-4 Step RF side, Cross LF over RF
- 5-6 Step RF side, Touch L toe together
- 7-8 Step LF side, Touch R toe together

ENDING: after 46 counts WALL 5 replace BRUSH HITCH CROSS by STEP ½ TURN R to face (12:00) & step LF forward raise both hands in the air

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