All Shook Up

Choreographer: Naomi Fleetwood-Pyle

Level: Advanced

Count: 80

Wall: 1

Music: "All Shook Up" by Billy Joel

<u>PART A:</u>

SHUFFLE FORWARD LEFT AND RIGHT:

1&2Shuffle forward on left, right, left3&4Shuffle forward on right, left, right

GRAPEVINE LEFT AND TOUCH:

5-6Step left foot to left, Step right foot to left behind left7-8Step left foot to left; touch right on 4th count

SHUFFLE BACKWARDS RIGHT AND LEFT:

9&10 Shuffle backwards on right, left, right 11&12 Shuffle backwards on left, right, left

GRAPEVINE RIGHT AND TOUCH:

13-14Step right foot to right, Step left foot to right behind left15-16Step right foot to right; touch left on 4th count

WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT:

17-19-20 Walk forward on left, right, left, Kick right

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT:

21-23-24Walk back on right, left, right, Touch left foot stomp, clap, hold25-26Stomp left to left side; clap hands27-28Hold for two beats

ROLL HIPS TWICE (ELVIS HIPS!):

29-32 Roll hips twice in two complete circles

PART B:

GRAPEVINE LEFT AND TOUCH:

33-34Step left foot to left, Step right foot to left behind left35-36Step left foot to left; touch right foot

PIVOT 1/2 LEFT TWICE:

37-38Step forward on right, Pivot ½ left moving weight to left foot39-40Step forward on right, Pivot ½ left moving weight to left foot

GRAPEVINE RIGHT AND TOUCH:

41-42Step right foot to right, Step left foot to right behind left43-44Step right foot to right; touch left on 4th count

PIVOT 1/2 RIGHT TWICE:

45-46Step forward on left, Pivot ½ right moving weight to right foot47-48Step forward on left, Pivot ½ right moving weight to right foot**49-96REPEAT PARTS A AND B**

PART C:

STEP LEFT, RIGHT BEHIND, STEP LEFT, PIVOT ½ LEFT & HITCH RIGHT:

97-100 Step forward on left; step right behind left; step forward on left; pivot ½ left on ball of left foot and hitch right at the same time

WALK BACKWARDS RIGHT, LEFT, RIGHT, LEFT:

101-104 Walk backwards on right, left, right, left

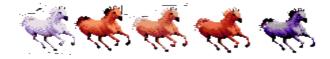
ROLL KNEES LEFT, RIGHT, LEFT, RIGHT (LIKE IN LONG-LEGGED HANNAH):

105-108 Roll knees left, right, left, right as you walk forward (as is done in Long Legged Hannah)

109-120 Repeat steps 97-108 (part "C")

Begin over with A, then B, then C until end of music.

There are three different dances with this same title, but this seems to be the more popular of the three across America.





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