

Unchain My Heart Cha

Choreographer: Tina Chen Sue-Huei

Count: 32

Wall: 4

Level: Beginner

Intro: 32 counts

Music: "Unchain My Heart" (Dj Cucky Remix) by Soul Project Rx



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SI.Fwd R-L Toe Struts – Fwd Touch Recover – L Coaster Step

1-2 Step R Toe Fwd, Drop R Heel
3-4 Step L Toe Fwd, Drop L Heel
5-6 Touch R Toe Fwd, Back Step R
7&8 Back Step L, Tog Step R, Fwd Step L

SII.Diag Fwd R-L Shuffle – Fwd ½ L – Fwd ¼ L

1&2 Diag Fwd Shuffle On RLR
3&4 Diag Fwd Shuffle On LRL
5-6 Fwd Step R, Pivot ½ L Turn Step On L (6.00)
7-8 Fwd Step R, Pivot ¼ L Turn Side Step L (3.00)

SIII. (Cross Back – Back Cross) 2X

1-4 Cross R Over L, Back Step L, Back Step R, Cross L Over R
5-8 Back Step R, Back Step L, Cross R Over L, Back Step L

SIV.Back Rock Recover – ½ L Triple – Back Rock Recover – Fwd Shuffle

1-2 Back Rock R, Recover On L
3&4 ½ L Turn Triple Steps On RLR (9.00)
5-6 Back Rock L, Recover On R
7&8 Fwd Shuffle On LRL

Repeat

Tag (4 Counts):End Of Wall-5 Facing 9:00

1-2 Side Step R, Touch L Beside R
3-4 Side Step L, Touch R Beside L