All Jacked Up

Choreographer: DJ Dan & Wynette Miller
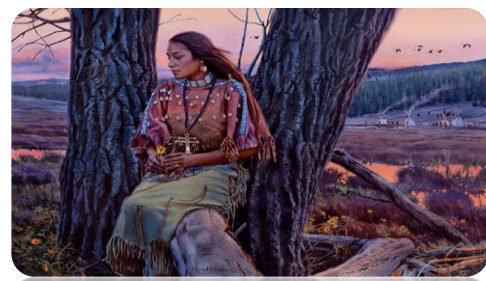
Count: 64

Wall: 2

Level: beginner/intermediate

Intro: start on lyrics

Music: "All Jacked Up" by Gretchen Wilson

SIDE, TOGETHER, STEP BACK, HOLD; ROCK STEP BACK, STEP FORWARD, HOLD
1-4	Step right to right side, step left next to right, step right back, hold
5-8	Rock left back, recover weight onto right, step left forward, hold

HEEL, SLAP, HEEL, SLAP; ROCK STEP BACK, STEP FORWARD, HOLD
1-2	Touch right heel forward, hook right in front of left slap right heel with left hand
3-4	Touch right heel forward, flick right out slap right heel with right hand
5-8	Rock right back, recover weight onto left, step right forward, hold

SWIVEL RIGHT, HOLD, SWIVEL LEFT, HOLD; SWIVEL RIGHT, LEFT, SWIVEL RIGHT ½ TURN LEFT, HOLD
1-4	Swivel both heels to right, hold, swivel both heels to left, hold
5-6	Swivel both heels to right, swivel both heels to left
7-8	Swivel both heels to right ½ turn left weight ends on right, hold (6:00)

BACK, LOCK, BACK, LOCK; SLOW COASTER CROSS, HOLD
1-4	Step left back, lock right across left, step left back, lock right across left
5-8	Step left back, step right next to left, cross left over right, hold

RIGHT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD
1-4	Step right to right side, hold, cross left behind right, hold
5-8	Step right to right side, step left next to right, cross right over left, hold

LEFT SIDE, HOLD, BEHIND, HOLD; SCISSOR STEPS, HOLD
1-4	Step left to left side, hold, cross right behind left, hold
5-8	Step left to left side, step right next to left, cross left over right, hold

STEP, LOCK, STEP, HOLD; MAMBO FORWARD, HOLD
1-4	Step right forward, lock left behind right, step right forward, hold
5-8	Rock left forward, recover weight onto right, step left next to right, hold

BACK, LOCK, BACK, HOLD; SLOW COASTER STEP, HOLD
1-4	Step right back, lock left across right, step right back, hold
5-8	Step left back, step right next to left, step left forward, hold

Repeat

RESTART
On wall 5, dance up to count 48 and start again from the beginning