All Week Waltz

Choreographer: Mark Furnell & Chris Godden

Level : Improver

Counts : 48
Type of dance : 4 Wall
Intro : 12 counts

Music : 7 Days – by Darius Rucker



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SEC 1: Rock, Recover Sweep, Reverse Twinkle, 1/4 Together, Hold

1-2-3	Rock right forward ov	ver 3 counts

4-5-6 Recover weight onto left sweeping right from front to back over 3 counts

1-2-3 Step right behind left, step left to left, step right to right 4-5-6 Turn ½ left step left beside right, hold over 2 counts (9:00)

SEC 2: Twinkle, Cross, Sweep, Weave, 1/4 Step, Hitch

1-2-3 Cross right over left, step left to left, step right to right

4-5-6 Cross left over right sweeping right from back to front over 3 counts

1-2-3 Cross right over left, step left to left, step right behind left

4-5-6 Turn ¼ left step left forward, hitch right knee over 2 counts (6:00)

SEC 3: Forward Coaster Step, Back, Hook, Hold, Step, Sweep, Step, 1/4 Sweep

1-2-3 Step right forward, step left beside right, step right back

4-5-6 Step left back, hook right over left, hold

1-2-3 Step right forward sweeping left from back to front over 3 counts

4-5-6 Step left forward turn ¼ left sweeping right from back to front over 3 counts (3:00)

Restart here on wall 7 with step change on counts 4-6 - no 1/4 turn

SEC 4: ½ Twinkle, ½ Twinkle, Forward Coaster Step, Back, Touch, Touch

1-2-3 Cross right over left, turn ¼ right step left back, turn ¼ right step right to right (9:00) 4-5-6 Cross left over right, turn ¼ left step right back, turn ¼ left step left to left (3:00)

1-2-3 Step right forward, step left beside right, step right back

4-5-6 Sep back on left. Tap right toe next to left twice

Start Again

Tag: At the end of Wall 3

Slow Rocking Chair

1-2-3 Rock right forward over 3 counts4-5-6 Recover weight onto left over 3 counts

1-2-3 Rock right back over 3 counts

4-5-6 Recover weight onto left over 3 counts

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