

A Mile in My Boots

Choreographer : Norman Gifford

Type of dance : 4 Wall

Level : Improver

Counts : 32

Intro : 16 counts, start on Lyrics

Music : Walk A Mile – by Midland

No Tags – 2 Restarts



www.country-stafke.be

(Crossover, step side, sailor-heel, ball-cross, right step side, behind-side-cross)

- 1-2 Right crossover; left step side
- 3& Right behind; left ball step together
- 4& Right heel touch diagonal; right together
- 5-6 Left crossover; right step side
- 7&8 Left step behind; right step side; left crossover [12:00]

(Cha-cha box back)

- 1-2 Right step side; left together
- 3&4 Shuffle steps back (RLR)
- 5-6 Left step side; right together
- 7&8 Shuffle steps forward (LRL) [12:00]

(Half windshield-wiper right, pivot turn ¼ right, shuffle-steps forward)

- 1-2 Right rock forward; left replace
- 3&4 Triple step turning ½ right (RLR) [6:00]
- 5-6 Left step forward; pivot turn ¼ right [9:00]
- 7&8 Shuffle steps forward (LRL)

(Rocking-chair, pivot turn ½ left, kick-ball-change)

- 1-2 Right rock forward; left replace
- 3-4 Right rock back; left replace
- 5-6 Right step forward; pivot turn ½ left [3:00]
- 7&8 Right kick forward; right together; left together

BEGIN AGAIN

RESTART: On Wall # 4 (you will be facing 9:00) and on Wall # 8 (you will be facing 6:00)

Contact: Norman Gifford at: nlgifford@yahoo.com

www.country-stafke.be