Here I Stand

Choreographer: Wil Bos & Colin Ghys

Level: Intermediate

Count: 64 Wall: 4

Intro: 16 counts

Music: "Here I Stand" by Derek Ryan

Grapevine R, Cross, Toe Heel, Rock Step, Recover

1-4 RF. Step R - LF. Cross behind RF – RF. Step R- LF. Cross over RF Step Toe to R – RF. Drop Heel - LF. Rock Back – RF. Recover

Grapevine L, Cross, Toe Heel, Rock Step, Recover

1-4
LF. Step L - RF. Cross behind LF – LF. Step L- RF. Cross over LF
5-8
LF. Step Toe to L – LF. Drop Heel- RF. Rock Back – LF. Recover

Change Turn, Step Fwd, Hold & Clap, Change Turn, Step Fwd, Hold & Clap

1-4 RF. Step fwd – LF & RF. ½ turn L – RF. Step fwd - Hold & Clap Hands (6:00) 5-8 LF. Step fwd – RF & LF. ½ turn R – LF. Step fwd - Hold & Clap Hands (12:00)

Toe strut x 2, Monterey Turn R

1-4 RF. Step Toe to R – RF. Drop heel - LF. Step on toe, crossed over RF – LF. Drop heel 5-8 RF. Point R – RF. $\frac{1}{2}$ turn R closing next to LF – LF. Point L – LF. Closing beside RF (6:00)

* Restart here wall 3 (12:00), wall 7 (9:00) and wall 10 (9:00)

Side together, Side, Hold, Cross Rock Step, Recover, $\frac{1}{4}$ L Step Fwd, Scuff

1-4 RF. Step to R – LF. Close beside RF. Step to R – Hold

5-8 LF. Cross-over RF – RF. Recover – LF. ¼ L step fwd – RF. Scuff (3:00)

Step Fwd, Step Together, Heel Bounces, Step Fwd, Step Together, Swivel

1-4 RF. Step diagonal fwd to right side - LF. Close beside RF – RF & LF. Bounce heels x 2

5-8 LF. Step diagonal fwd to left side – RF. Close beside LF- LF & RF. Swivel heels left, back to centre

Step Back, Touch/Clap, Step Back, Touch/Clap, Step Fwd, Step Together, Step Fwd, Hold

1-2 RF. Step diagonal back to right side – LF. Touch beside RF & clap hands
3-4 LF. Step diagonal back to left side – RF. Touch beside LF & clap hands

5-8 RF. Step fwd - LF. Close beside RF – RF. Step Fwd - Hold

Change Turn, Step Fwd, Hold, Rock Step, Recover, Stomp Up x 2

1-4 LF. Step fwd – RF & LF. Make ½ turn R – LF. Step fwd - Hold (9:00)

5-8 RF. Rock step fwd – LF. Recover – RF. Stomp Up x 2

Repeat

Restarts*:

Wall 3 after 32 counts at 12 o'clock Wall 7 after 32 counts at 9 o'clock Wall 10 after 32 counts at 9 o'clock

Ending of the dance: Wall 14: dance up to count 40 (6:00), then add 3 counts:

RF. Step fwd - LF & RF. 1/2 turn L Slowly

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