

Banks of the Ohio

Choreographer : Frank Heelan

Type of dance : 4 Wall

Level : Beginner

Counts : 32

Intro : 32 counts, start on vocals

Music : Banks of the Ohio – by Country Angel

No Tags – No Restarts



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Sec: 1 Shuffle forward, shuffle forward, rock step, coaster step.

1&2 Step forward right, left together, step forward right.
3&4 Step forward left, Right together, step forward left.
5-6 Rock forward on right, recover to left.
7&8 Step back on right, step left together, step forward right. (12.00)

Sec: 2 Step ½ turn, shuffle forward, rock step, coaster step.

1-2 Step forward on left, pivot ½ turn right. (Weight to right)
3&4 Step forward left, step right together, step forward left.
5-6 Rock forward on right, recover to left.
7&8 Step back on right, step left together, step forward right. (6.00)

Sec: 3 Side together, chasse left, cross rock, chasse right.

1-2 Step left to left, step right together.
3&4 Step left to left, step right together, step left to left.
5-6 Cross rock right over left, recover to left.
7&8 Step right to right, step left together, step right to right. (6.00)

Sec: 4 Jazz box ¼ left with touch, rocking chair.

1-2 Cross rock left over right, recover to right.
3-4 Turn ¼ left stepping left to left, touch right next to left. (3.00)
5-6 Rock forward on right, recover to left.
7-8 Rock back on right, recover to left.

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