

Rocky Mountain Low

Choreographer : Hiroko Carlsson

Type of dance : 2 Wall

Level : Improver

Counts : 32

Intro : 16 counts

Music : Rocky Mountain Low – by Corey Kent & Koe Wetzel

No Tags – 1 Restart



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[S1] Step-Kick, Back-Back-Back, Back Rock, Fwd, Step-Pivot 1/2R-Triple Full Turn Fwd

- 1& Step forward on L, Kick R forward
2&3 Run backwards on R-L-R
4& Rock back on L, Replace weight on R
5 6& Step forward on L, Step forward on R, Make a ½ turn left recover weight on L (6:00)
7&8 Triple full turn left moving forward on R-L-R (6:00)

Restart here on Wall 5

[S2] NC Basic L, NC Basic 1/4R, NC Basic L, Side-Behind-1/4R

- 1 2& Step L to the side, Rock R behind L, Replace weight on L
3 4& Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (9:00)
5 6& Step L to the side, Rock R behind L, Replace weight on L
7&8 Step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (12:00)

[S3] Fwd, Paddle L, Weave 1/4L, Step-Kick, Back-Drag, Coaster Step

- 1 2& Step forward on L, Step forward on R, Make a ¼ turn left recover weight on L (9:00)
3&4& Cross R over L, Step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (6:00)
5&6 Step forward on R, Kick L forward, Big step back on L, Dragging R close
7&8 Step back on R, Step L next to R, Step forward on R

[S4] Fwd, Fwd Rock-1/4R Side -Together-Fwd-Touch, Side, Behind Dip, 1/4L Fwd Run

- 1 2& Step forward on L, Rock forward on R, Replace weight on L
3&4& Make a ¼ turn right stepping R to the side (9:00), Step L together, Step forward on R, Touch L next to R
5 6 Step L to the side, Step/dip R behind L
7&8& Make a ¼ turn left run forward on L-R-L-R (6:00)

START AGAIN

Restart on Wall 5, Count 8 (6:00)

Ending Suggestion: At the end of Wall 6, face the front wall.

Step: Step forward on L, take a large kick with your R foot, step right back, then run back on R-L-R-L-R.

Please feel free to contact me if you need any further information.

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