

A Bar Shanty

Choreographer : Chris Brocklesby

Level : High Beginner

Counts : 32

Type of dance : 2 Wall

Intro : no intro, Dance starts immediately

Music : To the Bar – by Cooper Alan



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RT HEEL, TOGETHER, LT HEEL, TOGETHER, STOMP RT-LT, RT TOE-HEEL-CROSS

- 1, 2 Touch RT heel FWD, Step RT beside LT
- 3, 4 Touch LT heel FWD, Step LT beside RT
- 5, 6 Stomp RT stepping FWD, Stomp LT stepping FWD
- 7 & 8 Touch RT toe inwards, Touch RT heel outwards, Step RT FWD slightly over LT

LT TOE-HEEL-CROSS, CROSS RT,

- 9 & 10 Touch LT toe inwards, Touch LT heel outwards, Step LT FWD slightly over RT
- 11 & 12 Step RT over LT, Step BK on LT, Step RT turning 1/4 RT [3:00]
- 13 & 14 Touch LT heel FWD, Step LT beside RT, Touch RT heel FWD
- & 15, 16 Step RT beside LT, Step LT FWD, Scuff RT foot FWD

ROCK RT FWD, RECOVER, FULL TURN, ROCK LT FWD, RECOVER, FULL TURN

- 17, 18 Rock FWD onto RT, Rock recover BK onto LT
- 19 & 20 Step RT FWD turning 1/2 RT, Step LT together, Step RT FWD turning 1/2 RT [3:00] *
- 21, 22 Rock FWD onto LT, Rock recover BK onto RT
- 23 & 24 Step LT FWD turning 1/2 LT, Step RT together, Step LT FWD turning 1/2 LT [3:00] *

ROCK RT SIDE, BEHIND, SIDE, CROSS, ROCK LT SIDE, BEHIND, 1/4 TURN, TOGETHER

- 25, 26 Rock RT to RT side, Rock recover BK onto LT
- 27 & 28 Step RT behind LT, Step LT to LT side, Step RT over LT
- 29, 30 Rock LT to LT side, Rock recover BK onto RT
- 31 & 32 Step LT behind RT, Step RT to RT side turning 1/4 RT, Step LT beside RT (TAG)

START AGAIN

Wall 1 & 5 Tag:

1, 2, 3, 4 - Step RT to RT side, Touch LT beside RT, Step LT to LT side, Touch RT beside LT...
Wall 1) do the tag once, Wall 5) do the tag x3 times.

Options: * 19 & 20 23 & 24 - Full turns can be replaced with coaster steps if needed.

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