

# Hit the Hay

Choreographer : Guylaine Bourdages

Type of dance : 4 Wall

Level : Intermedite

Counts : 32

Intro : 16 counts

Music : Hit The Hay Runnin' – by Aaron Watson

**1 Tag – 1 Restart**



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## **SECTION 1 [1-8] WALK FORWARD R-L, POINT RF FORWARD, RF BACK, LF COASTER STEP, RF KICK BALL STEP**

1-2 RF Forward, LF Forward  
3-4 Point RF Forward, RF back  
5&6 LF Back, RF beside LF, LF Forward  
7&8 Kick RF, Ball RF beside LF, LF forward

## **SECTION 2 [9-16] CHARLESTON STEP, 1/4L POINT RF to RIGHT, 1/4L POINT RF to RIGHT, RF KICK BALLCHANGE**

1-2 Point RF Forward, RF Back  
3-4 Point LF Back, LF Forward  
5-6 1/4L, Point Right to right (9H) , 1/4L Point RF to right(6H)  
7&8 Kick RF, Ball RF beside LF, LF on place

## **SECTION 3 [17-24] CROSS, SIDE, SAILOR HEEL, & CROSS, SIDE 1/4L, CHASSÉ 1/2L**

1-2 RF Cross in front of LF, LF to left  
3&4 RF Cross back of LF, LF to left, Right heel dig  
&5-6 Bring Back RF beside LF, LF cross in front of RF, 1/4L RF back  
7&8 Chassé LRL, ½ left (Finish on LF Forward) (9H)

## **SECTION 4 [25-32] KICK & TOE & KICK & HEEL & TOE & HEEL & KICK BALL STEP**

1&2 RF Kick Forward, Step Down on RF, Tap Left Toe Behind RF  
&3&4 Step Back on LF, Kick RF, RF Back, Tap Left Heel Forward  
& 5 LF Forward, Tap R Toe Behind LF,  
&6 RF Back, Tap Left heel forward  
&7&8 Step Down on LF, Kick RF Forward, Ball RF Beside LF, LF Forward

## **TAG OF 7 COUNTS ON WALL 2 AFTER 24 COUNTS (FACING 6H)**

1-4 RF Rocking chair  
5-6 RF Forward, pivot 1/2L (12H)  
7 Stomp RF beside LF Then restart the dance

**START AGAIN**

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