

No Mas Amor

Choreographer: YoungSoon Song & Rex Chuan

Count: 32

Wall: 4

Level: Improver

Intro: 32 counts, start on vocals

Music: "No Mas Amor" by Willie Nelson (ft. Alison Krauss)



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No Tag, No Restart

S1: BOX FORWARD, TOUCH SIDE, BALL, CROSS, TOUCH L, R, 1/4 TURN R

- 1-2 RF Step R(1), LF Together(2)
- 3-4& RF Step Forward(3), LF Touch Side(4), LF Ball Together(&)
- 5-6& RF Cross Over(5), LF Touch Side(6), LF Together(&)
- 7-8 RF Touch Side(7), BF 1/4 Turn R Keep RF Touch(3:00)(8)

(*count 8 RF position changed Side to Forward)

S2: ROCK BACK, SHUFFLE FORWARD, 1/4 TURN R with SWEEP, TOGETHER, SIDE SHUFFLE, TOGETHER

- 1-2 RF Rock Back(1), LF Recover(2)
- 3&4 RF Step Forward(3), LF Cross Behind(&), RF Forward with 1/4 Turn R LF Sweep Forward(6:00)(4)
- 5-6& LF Together(5), RF Side(6), LF Together(&)
- 7-8 RF Side(7), LF Together(8)

S3: FORWARD, HEEL SWIVEL R, FORWARD, HEEL SWIVEL L, 1/4 TURN R x3, FORWARD

- 1&2 RF Step Forward(1), BF Heel Swivel R(&), BF Recover(2)
- 3&4 LF Step Forward(3), BF Heel Swivel L(&), BF Recover(4)
- 5-6 RF 1/4 Turn R Forward(9:00)(5), LF 1/4 Turn R Forward(12:00)(6)
- 7-8 RF 1/4 Turn R Forward(3:00)(7), LF Step Forward(8)

S4: ROCKING CHAIR, FLICK, FORWARD, 1/2 TURN R, ROCK BACK, RECOVER

- 1-2 RF Rock Forward(1), LF Recover(2)
- 3-4 RF Rock Backwards(3), LF Recover with RF Flick(4)
- 5-6 RF Step Forward(5), LF 1/2 Turn R Step Back(6)
- 7-8 RF Rock Back(7), LF Recover(8)

