

Yes sir, I Can Boogie '99

Choreographer : Patrick Endevoets

Type of dance : Wall

Level : Improver

Counts : 32

Intro : On heavy beat count 32 counts, after that start the dance

Music : Yes Sir, I Can Boogie '99 (Radio Mix) – by Baccara 2000



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(Option start intro; On heavy beat, sway R for 2 counts and L for 2 counts. Do these two sways 8 times - 32)

SECTION 1 : STEP DIAGONALLY TO R SIDE WITH HIP L, TOGETHER, R STEP DIAGONALLY TO R SIDE WITH HIP L, TOUCH, L STEP DIAGONALLY TO L SIDE WITH HIP R, TOGETHER, L STEP DIAGONALLY TO L SIDE WITH HIP R, TOUCH

COUNTS 1 & 3: Right hand raised at shoulder height and equal to RF and Left palm turned back and down along Left leg

1-4 RF with heels diagonally to the left, step to the right side and push hip to the left, LF step next to RF (heels still at an angle), RF with heels diagonally to the left, step to the right side and push hip to the left, LF touch next to RF

COUNT 5 & 7: Left hand raised at shoulder height and equal to LF and Right palm turned back and down along Right leg

5-8 LF with heels diagonally to the right, step to left side and push hip to the right, RF step right next to LF (heels still angled), LF with heels diagonally to the right, step to left side and push hip to the right, RF touch next to LF

SECTION 2 : R ROCK FWD WITH ARM ROLL & SHIMMY, L TOUCH BEHIND R WITH ARM ROLL & SHIMMY, L ROCK BACK WITH ARM ROLL & SHIMMY, R TOUCH IN FRONT OF L WITH ARM ROLL & SHIMMY, TRIPLE STEP FWD WITH R-L-R, ROCK L FWD, RECOVER

COUNTS 1-2-3-4: Arms in front of chest, right wrist above, left wrist below and make two fists, then twist your wrists around each other as if you were rolling something up and shimmy your shoulders

1-2 RF rock forward (12:00), LF touch behind RF

3-4 LF rock backward, RF touch toe in front of LF

Arms now back to normal

5&6 RF small step forward, LF step next to RF, RF small step forward

7-8 LF rock forward, RF recover weight

SECTION 3 : ½ TURN L WITH ROCK FWD L WITH ARM ROLL & SHIMMY, R TOUCH BEHIND L WITH ARM ROLL & SHIMMY, R ROCK BACK WITH ARM ROLL & SHIMMY, L TOUCH IN FRONT OF R WITH ARM ROLL & SHIMMY, TRIPLE STEP FWD WITH L-R-L, R FWD, HIP ROLL ¼ L

COUNTS 1-2-3-4: Arms in front of chest, right wrist above, left wrist below and make two fists, then twist your wrists around each other as if you were rolling something up and shimmy your shoulders

1-2 LF ½ Turn Left rock forward (6:00), RF touch behind LF

3-4 RF rock backward, LF touch in front of RF

Arms now back to normal

5&6 LF small step forward, RF step next to LF, LF small step forward

7-8 RF step on ball of foot forward, ¼ Turn Left with Hip Roll (weight now on LF, 3:00)

SECTION 4 : R STEP FWD, TOUCH L, L STEP FWD, TOUCH R, R ¼ TURN SAILOR STEP, L TOGETHER, R HEEL, CLAP TWICE

1 RF step forward (3:00), at chest height cross Li-wrist over Re-wrist

2 LF touch toe to left side, bring both hands low to the side

3 Step left forward, at chest height, cross right wrist over left wrist.

4 RF touch toe to right side, bring both hands low to the side

5&6 RF ¼ Turn right, cross behind LF, LF step next to RF, RF step to right side (you are facing 6:00)

&7 LF step next to RF, RF touch right heel diagonally to right side (and slightly forward).

&8 Clap hands 2 times at shoulder height

START AGAIN...HAVE FUN!!!

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