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Best Foot Forward

Choreographer : Vikki Morris

Type of dance : 4 Wall

Level : Improver

Counts : 64

Intro : 64 counts, start on the word "Late"

Music : Let's dance anyway – by Tanya Turner

No Tags – No Restarts

S1: R Heel Strut, ¼ L Heel Strut, R Kick, R Hitch, Back R, HOLD

1 2 Dig Right heel forward, Slap toes down
3 4 Turn ¼ Left as you dig Left heel forward, Slap toes down 9.00
5 6 Low kick forward Right, Hitch Right
7 8 Step back Right, HOLD

S2: Walk Back L, R (with holds), L Coaster Cross, HOLD

1 2 Walk back Left, HOLD
3 4 Walk back Right, HOLD
5 6 Step back on Left, Step Right next to Left
7 8 Cross Left over Right, HOLD

S3: R Extended Vine, R Side, HOLD, Rock Back L, Recover R

1 2 Step Right to Right side, Cross Left behind Right
3 4 Step Right to Right side, Cross Left over Right
5 6 Large step to Right side, HOLD
7 8 Rock back Left, Recover on Right

S4: L Extended Vine, ¼ L, HOLD, Pivot ½ L

1 2 Step Left to Left side, Cross Right behind Left
3 4 Step Left to Left side, Cross Right over Left
5 6 Turn ¼ Left, HOLD 6.00
7 8 Step forward Right, Pivot ½ Left 12.00

S5: R Rumba Box

1 2 Step Right to Right side, Close Left next to Right
3 4 Step Right forward, HOLD
5 6 Step Left to Left side, Close Right next to Left
7 8 Step back Left, HOLD

S6: R Lock Back, Kick L, L Coaster, Scuff R

1 2 Step back Right, Lock Left over Right
3 4 Step back Right, Low Kick Left forward
5 6 Step back on Left, Step Right next to Left
7 8 Step forward Left, Scuff Right

S7: R Lock Fwd, Scuff L, Mambo ¼ L, Sweep R

1 2 Step forward Right, Lock Left behind Right
3 4 Step forward Right, Scuff Left
5 6 Rock forward Left, Recover Right
7 8 Turn ¼ Left stepping Left to Left side, Sweep Right out and around 9.00

S8: Slow R Jazz Box (with stomp), HOLD

1 2 Cross Right over Left, HOLD
3 4 Step back on Left, HOLD
5 6 Step Right to Right side, HOLD
7 8 Stomp Left next to Right, HOLD

START AGAIN

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