Be Her

Choreographer : Stephen Pistoia & Laura Pistoia
Type of dance : 4 Wall
Level : Improver
Counts : 32
Intro : 16 counts
Music : Be Her – by Ella Langley

No Tags No Restarts

Section 1, ROCK FORWARD, BACK ROCK, ¼ STEP, BEHIND STEP, ¼ STEP, STEP (PIVOT)

1,2	Rock forward on R, Recover on L
3,4	Rock back on R, recover on L
5,6	Step out on R make ¼ turn L, Step L behind R (9:00)
7,8	Step R out to R make ¼ turn R (Facing 12:00), Step L forward

Section 2, PIVOT, WALK, WALK, POINT, STEP BACK POINT R, STEP BACK POINT L

1,2	Pivot ½ turn R on ball of R (Facing 6:00), Step L forward,
3,4	Step R forward, Point L to L
5,6	Step L back, Point R to R,
7,8	Step R back, Point L to L

Section 3, CROSS, SIDE, BACK, HOOK, CROSS, SIDE, ¼ BACK, BACK, HOOK

1,2	Cross L over R, Step R out to R
3,4	Step L back (Slightly open body to 5:30), Hook R across L shin
5,6	Cross R over L(Facing 6:00), Step L back ¼ turn R (facing 9:00)
7,8	Step R back, Hook L across R shin

Section 4, STEP, PIVOT, SHUFFLE, STEP, PIVOT, WALK, WALK

1,2	Step L forward, Pivot R on ball of R (facing 3:00)
3&4	Step L forward, Step R next to L, Step L forward
5,6	Step R forward, Pivot L on ball of L (Facing 9:00)
7,8	Walk forward R,L,

START AGAIN

Any questions contact at Pistoias@ymail.com

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