

Solid As A Rock

Choreographer : Tonnie Vos

Type of dance : 4 Wall

Level : Intermediate

Counts : 32

Intro : Start on vocals

Music : Solid As A Rock – by Thomas Maguire & Fhiona Ennis



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Vine right, vine ¼ left, scuff, shuffle forward R-L

1&2& Step Right , Step behind Left , Step Right , Touch beside Right
3&4& Step Left , Step behind Right , Step ¼ Turn left Fwd (9:00) , Scuff right forward
5&6 Step Right forward , Step together , Step Right forward
7&8 Step Left forward , Step together , Step Left forward

Brush fwd, brush across, brush fwd, brush back, toestrut back, toestrut ½ left mambo fwd, mambo back

1&2& Brush Right forward , Brush Across LF , Brush Right forward , Brush Right Back
3&4& Step on Toe Right forward , Push Heel down , Step on L-Toe ¼ Turn Left (3:00) , Push Heel down

Restart Here in the 3e Wall

5&6 Rock Right forward , Recover on Left , Step beside Left
7&8 Rock Left forward , Recover on Right , Step beside Right

Vaudeville, cross shuffle, side rock cross, ½ hinge right

1&2& Step Across Left , Step to Left , Touch R-Heel forward , Step beside Left
3&4 Step Across Right , Step to Left , Step Across Right
5&6 Rock to Right , Recover on Left , Step Across Left
7&8 Step ¼ Turn Left back (12:00) , RF Step ¼ Turn Left (9:00) , Step Across Right

Point R-L , heel dig R-L, ½ pivot left 2x

1&2& Touch Toe to Right Side , Step Together , Touch Toe to Left Side , Step Together
3&4& Touch R-Heel forward , Step Together , Touch L-Heel forward , Step together
5-6 Step Right forward , Pivot ½ Turn Left (3:00)
7-8 Step Right forward , Pivot ½ Turn Left (9:00)

START AGAIN

Bridge: After The 1e & 4e Wall =

Right Jazzbox

1-4 Step Across Left , Step Left Back , Step Right , Step Left forward

Restart wall 3 after 12 counts

Finish wall 7 after count 10& Rf touch toe behind Rf & Lf ¼ turn right

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