

YOUR BEAUTIFUL BODY (COUPLES)



www.country-stafke.be

Count: 48

Wall: 0

Level: Beginner/Intermediate

Choreographer: Nigel Payne

Music: "If I Said You Had A Beautiful Body" by Dave Sheriff

Position: *Sweetheart Position (side by side). Footwork is the same for both partners*

RIGHT ROCK RECOVER, HOOK, RIGHT SHUFFLE, LEFT ROCK RECOVER, HOOK, LEFT SHUFFLE

1-2& Rock forward onto right foot, Rock back onto left foot, hook right across left leg
3&4 Step forward on right foot, Step left beside right, Step forward on right foot
5-6& Rock forward onto left foot, Rock back onto right foot, Hook left across right leg
7&8 Step forward on left foot, Step right beside left, Step forward on left foot

RIGHT ROCK RECOVER, RIGHT SHUFFLE BACK, LEFT ROCK RECOVER, LEFT SHUFFLE FORWARD

9-10 Rock forward onto right foot, Rock back onto left foot
11&12 Step back on right foot, Step left beside right, Step back on right foot
13-14 Rock back onto left foot, Rock forward onto right foot
15&16 Step forward onto left foot, Step right beside left, Step forward onto left foot

¼ TURN LEFT INTO GRAPEVINE RIGHT, SCUFF, GRAPEVINE LEFT WITH ¼ TURN LEFT, SCUFF

Drop lady's left hand, Raise & bring right hand over lady's head as you turn & joint hands behind mans back, Lady is behind man facing ILOD

17-20 Step right foot forward into ¼ turn left, Cross left foot behind right, Step right foot to right side, Scuff left foot forward

21-22 Step left foot to left side, Cross right foot behind left

Drop right hands, raise left hands & take over lady's head as you turn, Resume sweetheart position facing RLOD

23-24 Step left foot ¼ turn left, Scuff right foot forward

STEP PIVOT ¼ TURN LEFT TWICE, WEAVE LEFT, POINT

25-26 Step forward onto right foot, Pivot ¼ turn left, (weight ends on left)

27-28 Step forward onto right foot, Pivot ¼ turn left, (weight ends on left)

Now in sweetheart position facing LOD

29-32 Cross right foot over left, Step left to left side, Cross right foot behind left, Point left toe to left side

WEAVE RIGHT, POINT, STEP POINT, STEP POINT

33-36 Cross left foot over right, Step right to right side, Cross left foot behind right, Point right toe to right side

37-38 Cross right foot over left, Point left toe to left side

39-40 Cross left foot over right, Point right toe to right side

Steps 37-40 travel forward

WALK WALK, RIGHT SHUFFLE, WALK WALK, LEFT SHUFFLE

41-42 Walk forward right, left

43&44 Step forward on right foot, Step left beside right, Step forward on right foot

45-46 Walk forward left, right

47&48 Step forward on left foot, Step right beside left, Step forward on left foot

Start Again