Sweet Little Lady



Count: 64

Wall: 4

Level: Improver / Intermediate

Choreographer: Alison Biggs & Peter Metelnick

Music: “Sweet Little Lady” by The Lincolns

www.country-stafke.be

Start after 16 count intro – approx. 5 seconds – 182bpm – 2 mins 59 sec

[1-8] ½ R rumba box, touch, vine L 3, hold
1-4 Step R side, step L together, step R forward, touch L together
5-8 Step L side, cross step R behind L, step L side, hold

[9-16] L weave 4, R cross rock/recover, ¼ R, hold
1-4 Cross step R over L, step L side, cross step R behind L, step L side
5-8 Cross rock R over L, recover weight on L, turning ¼ right step R forward (3 o’clock), hold

[17-24] L forward lock step, scuff R, R forward lock step, scuff L
1-4 Step L forward, lock R behind L, step L forward, scuff R forward
5-8 Step R forward, lock L behind R, step R forward, scuff L forward

[25-32] L fwd, ¼ R pivot turn, L cross step, hold, R side rock/recover, R fwd, hold
1-4 Step L forward, pivot ¼ right, cross step L over R, hold (6 o’clock)
5-8 Rock R side, recover weight on L, step R forward, hold

[33-40] L fwd rock/recover, ½ L, hold, L full turn fwd, R fwd, hold
1-4 Rock L forward, recover weight on R, turning ½ left step L forward, hold (12 o’clock)
5-8 Turning ½ left step R back, turning ½ left step L forward, step R forward, hold (12 o’clock)

[41-48] L fwd mambo, hold, ¼ R Monterey turn
1-4 Rock L forward, recover weight on R, step L together, hold
5-8 Point R side, turning ¼ right step R together, point L side, step L together (3 o’clock)

[49-56] ¼ R Monterey turn L touch OR hitch, L fwd shuffle, hold
1-4 Point R side, turning ¼ right step R together, point L side, TOUCH L together or HITCH up left knee (6 o’clock)
5-8 Step L forward, step R together, step L forward, hold

[57-6] R fwd, ½ L pivot turn, R fwd, hold, L fwd, ¼ R pivot turn, L cross step, hold
1-4 Step R forward, pivot ½ left, step R forward, hold (12 o’clock)
5-8 Step L forward, pivot ¼ right, cross step L over R, hold (3 o’clock)

Start Again