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Good Hearted Woman

Choreographer	:	Carina Slijters
Kind of dance	:	Partner dance (Sweetheart position)
Niveau	:	Beginner
Counts	:	32
Info	:	The dance starts on vocals
Music	:	"Good Hearted Woman" by Ted & Helen
Muziek	:	"Good Hearted Woman" by Willie Nelson

Heel, Hook, Heel, Close, Step, Pivot, Shuffle

1.	RV	heel for
2.	RV	Cross for L.Knee
3.	RV	heel for
4.	RV	Connect
5.	LV	Step for
6.	L+R	Pivot Turn ½ R.om
7.	LV	Step for
&	RV	joins
8.	LV	Step for

Heel, Hook, Heel, Close, Rock Step, Shuffle ½ Left

1.	RV	heel for
2.	RV	Cross for L. Knee
3.	RV	heel for
4.	RV	Connect
5.	LV	Rock step for
6.	RV	weight back
7	LV	turn ¼ L.om, step aside
&	RV	connect
8	LV	turn ¼ L.om, step for

¼ Left Chasse, Rock Step, Chasse, ¼ Right Rock Step

1	RV	turn ¼ L.om, step aside
&	LV	connect
2	RV	Step aside
3	LV	step behind
4	RV	weight back
5	LV	Step aside
&	RV	joins
6	LV	Step aside
7	RV	turn ¼ R.om, step behind
8	LV	weight back

Arm movements
Count 1. L. Hand loose. R. Hand of the Lord goes over the head of the lady.
Tel 2. The Lord is now standing in front of the lady. The Lady
Now grasps the L. Hand of the Lord. Both hands are low at waist level.
Tel 7. L. Hand loose. R. Hand of the Lord is about the
Head of the lady.
Tel 8. R. Hand remains above the lady's head

Men: Rocking Chair, Lady: Pivot 2x, Both: Step, Scuff, Shuffle

Mr:

1.	RV	Step for
2.	LV	weight back
3.	RV	step behind
4.	LV	weight back

Dame:

1.	RV	Step for
2.	R+L	Pivot Turn ½ L.om
3.	RV	Step for
4.	R+L	Pivot Turn ½ L.om

Both:

1.	RV	Step for
2.	LV	Scuff for
3.	LV	Step for
&	RV	joins
4.	LV	Step for

Arm movements
Count 1. L. Hand remains loose. R. Hand stays up.
Tel 5. We get stuck in sweetheart position again.

Start Again