Train Swing



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Choreographer: Niels Poulsen Count: 32 Wall: 4 Level: Beginner Intro: 16 counts Music: "Lover Please" by Billy Swan NO TAGS – NO RESTARTS [1 – 8] R side rock, R cross shuffle, box ½ R, L chassé 1 – 2 Rock R to R side (1), recover onto L (2) 12:00 3&4 Cross R over L (3), step L to L side (&), cross R over L (4) 12:00 5 – 6 Turn ¼ R stepping back on L (5), turn ¼ R stepping FORWARD on R (6) 6:00

[9 – 16] R back rock, R kick ball cross X 2, R side rock ¼ L	
1 – 2	Rock back on R (1), recover onto L (2) 6:00
3&4	Kick R fwd (3), step R next to L (&), cross L slightly over R (4) 6:00
5&6	Kick R fwd (5), step R next to L (&), cross L slightly over R (6) 6:00
7 – 8	Rock R to R side (7), turn ¼ L when recovering onto L (8) 3:00

[17 – 24] Cross point, cross point, R jazz box, cross

1-4	Cross R over L (1) point L to L side (2), cross L over R (3), point R to R side (4) 3:00
5 – 8	Cross R over L (5), step back on L (6), step R to R side (7), cross L over R (8) 3:00

Step L to L side (7), step R next to L (&), step L to L side (8) 6:00

[25 – 32] R step diagonal, together, heel bounces X 2, repeat to L diagonal

1 - 2
Step R into R diagonal (body stays facing 3:00) (1), step L next to R (2) ...
Fun styling: swing both hands backwards brushing hips (1), swing both hands forwards brushing hips (2) 3:00
&3&4
&43 & Lift both heels off the floor (&), push heels into floor and clap hands (3), repeat heel bounces and clap hands (&4) 3:00
5 - 6
Step L into L diagonal (body stays facing 3:00) (5), step R next to L (6) ...
Fun styling: swing both hands backwards brushing hips (5), swing both hands forwards brushing hips (6) 3:00
&7&8
&8
&83 3:00

Start Again

7&8

Ending When doing wall 12 you automatically finish counts 25 - 32 facing 12:00 12:00