

Midland Cha

Choreographer: Tina Argyle

Count: 32

Wall: 4

Level: Improver

Intro: 32 counts

Music: "Put The Hurt On Me" by Midland



www.country-stafke.be

No Tags No Re-Starts

Side Together Forward, L Shuffle Back, Rock Back, Recover, Shuffle Forward

1,2,3	Step R to right side, close L at side of R, step forward R
4&5	Step back L, close R at side of L, step back L
6 -7	Rock back R, recover weight onto L
8&1	Step forward R, close L at side of R, step forward R

Step ¼ Turn, Cross Shuffle. Side Rock Recover, Cross, Side, Cross Rock

2 -3	Step forward L, make ¼ turn right onto R (3 o'clock)
4&5	Cross L over R, step R to right side, cross L over R
6 -7	Rock R to right side, recover weight onto L
8 &1	Cross R over L, step L to left side, Cross rock R over L

Recover, Step Side. Samba Step. Cross, Side, Sailor ¼ Turn

2 -3	Recover weight back onto L, Step R to right side
4 &5	Cross L over R, Step R in place, Step L to left side
6 -7	Cross R over L, Step L to left side
8 &1	Make ¼ turn right stepping back R, step L at side of R, Step R in place (6 o'clock)

Skate Forward x2. Shuffle. ½ Pivot Turn ¼ Chasse

2 -3	Skate forward L then R
4 &5	Step forward L, Close R at side of L, Step forward L
6 -7	Step forward R, Make ½ turn left onto L (12 o'clock)
8&	Make ¼ turn L stepping R to right side, Close L at side of R (9 o'clock)

(1) Step R to right side to start the dance again