

# *No Time To Waste*

**Choreographer:** Pat Newell

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Intro:** 32 counts

**Music:** "Precious Time" by Van Morrison



[www.country-stafke.be](http://www.country-stafke.be)

## **NO TAGS NO RESTARTS**

### **TWO RIGHT LEAD CHARLESTONS**

- 1-4 Step fwd on R, kick L, step back on L, touch R slightly back  
5-8 Step fwd on R, kick L, step back on L, touch R slightly back

### **ROCK RECOVER, 1/2 TURN RIGHT TRIPLE STEP, ROCK RECOVER, SAILOR TO 1/4 LEFT**

- 1,2 3&4 Rock fwd on R, recover on L, triple RLR turning to 6:00 wall  
5,6 7&8 Rock fwd on L, recover on R, turn 1/4 L, stepping L slightly behind R, step on R, step on L facing 3:00 wall (sailor step)

### **WALK FORWARD RIGHT LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT TOUCH RIGHT**

- 1-4 Walk fwd R, L, R, kick L,  
5-8 Walk back L, R, L, touch R next to L

### **1/4 MONTEREY TURN, SWAYS FWD, BACK, BACK, FORWARD**

- 1-4 Point R to R, turn 1/4 R, step down on R, point L to L, step on L (6:00)  
5-8 Sway R hips fwd, recover weight to L, sway R hips back, recover on L

## ***Repeat***