

Ain't No Pleasing You

Choreographer : Stafke Peeters
 Type of dance : 4 Walls
 Level : High Beginners
 Counting : 64
 Info : Start on the music
 Music : "Ain't No Pleasing You" Chas And Dave



www.country-stafke.be

Toe Strut R-L, Shuffle, rock, recover,

1	RF	step toe aside
2	RF	heel down
3	LF	step toe cross over RF
4	LF	heel down
5	RF	step aside
&	LF	step next RF
6	RF	step aside
7	LF	rock cross rear RF
8	RF	weight back

Toe Strut L-R, Shuffle, rock, recover,

1	LF	step toe aside
2	LF	heel down
3	RF	step toe cross over LF
4	RF	heel down
5	LF	step aside
&	RF	step next to LF
6	LF	step aside
7	RF	rock cross rear LF
8	LF	weight back

R Shuffle ½ turn, rock, recover,

L Shuffle ½ turn, rock, recover,

1	RF	¼ L-om, step forward
&	LF	step next to LF
2	RF	¼ L-om step behind [6:00]
3	LF	rock rear
4	RF	weight back
5	LF	¼ right, step forward
&	RF	step next to LF
6	LF	¼ right, step behind [12:00]
7	RF	rock Rear
8	LF	weight back

Jazz box ¼ turn, Toe touch R-L,

1	RF	cross over LF
2	LF	step behind
3	RF	step ¼ right [3:00]
4	LF	step next to RF
5	RF	flip toe aside
6	RF	step next to LF
7	LF	flip toe aside
8	LF	step next to RF

Heel Gravel ¼ Turn, rock back X2,

1	RF	heel for toes left
2	LF	¼ turn right-to toes from L to R [6:00]
3	RF	rock rear
4	LF	weight back
5	RF	heel for toes left
6	LF	¼ turn right-to toes from L to R [9:00]
7	RF	rock rear
8	LF	weight back

Touch fwd, touch beside, sailor step X2, R-L,

1	RF	tick toe forward
2	RF	tick toe sideways
3	RF	cross rear LF
&	LF	step next to RF
4	RF	step aside
5	LF	tick toe forward
6	LF	tick toe sideways
7	LF	cross rear RF
&	RF	step next to LF
8	LF	step aside

¼ Pivot, cross Shuffle, side rock, cross shuffle,

1	RF	step forward
2	R+L	¼ turn left, [6:00]
3	RF	cross over LF
&	LF	step next to RF
4	RF	cross over LF
5	LF	rock aside
6	RF	weight back
7	LF	cross over RF
&	RF	step next to LF
8	LF	cross over RF

Monterey ¼ turn, sway R-L-R-L,

1	RF	tick tip aside
2	RF	¼ turn right [9:00]
3	LF	tick toe left side
4	LF	step next to RF
5	RF	knee in (sway)
6	LF	knee in (sway)
7	RF	knee in (sway)
8	LF	knee in (sway)

Start Again

Restart: Dance the 6th Wall t/w Tel 52 (tel 4 V/h 7th block) 53 LF step next to RF, now wait for the repossession of the music and start again