

# ALL SHOOK UP

**Choreographer:** Naomi Fleetwood-Pyle

**Count:** 80

**Wall:** 1

**Level:** Advanced

**Music:** "All Shook Up" by Billy Joel



[www.country-stafke.be](http://www.country-stafke.be)

## **PART A:**

### **SHUFFLE FORWARD LEFT AND RIGHT:**

1&2 Shuffle forward on left, right, left  
3&4 Shuffle forward on right, left, right

### **GRAPEVINE LEFT AND TOUCH:**

5-6 Step left foot to left, Step right foot to left behind left  
7-8 Step left foot to left; touch right on 4th count

### **SHUFFLE BACKWARDS RIGHT AND LEFT:**

9&10 Shuffle backwards on right, left, right  
11&12 Shuffle backwards on left, right, left

### **GRAPEVINE RIGHT AND TOUCH:**

13-14 Step right foot to right, Step left foot to right behind left  
15-16 Step right foot to right; touch left on 4th count

### **WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT:**

17-19-20 Walk forward on left, right, left, Kick right

### **WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT:**

21-23-24 Walk back on right, left, right, Touch left foot stomp, clap, hold  
25-26 Stomp left to left side; clap hands  
27-28 Hold for two beats

### **ROLL HIPS TWICE (ELVIS HIPS!):**

29-32 Roll hips twice in two complete circles

## **PART B:**

### **GRAPEVINE LEFT AND TOUCH:**

33-34 Step left foot to left, Step right foot to left behind left  
35-36 Step left foot to left; touch right foot

### **PIVOT ½ LEFT TWICE:**

37-38 Step forward on right, Pivot ½ left moving weight to left foot  
39-40 Step forward on right, Pivot ½ left moving weight to left foot

### **GRAPEVINE RIGHT AND TOUCH:**

41-42 Step right foot to right, Step left foot to right behind left  
43-44 Step right foot to right; touch left on 4th count

### **PIVOT ½ RIGHT TWICE:**

45-46 Step forward on left, Pivot ½ right moving weight to right foot  
47-48 Step forward on left, Pivot ½ right moving weight to right foot

**49-96 REPEAT PARTS A AND B**

## **PART C:**

### **STEP LEFT, RIGHT BEHIND, STEP LEFT, PIVOT ½ LEFT & HITCH RIGHT:**

97-100 Step forward on left; step right behind left; step forward on left; pivot ½ left on ball of left foot and hitch right at the same time

### **WALK BACKWARDS RIGHT, LEFT, RIGHT, LEFT:**

101-104 Walk backwards on right, left, right, left

### **ROLL KNEES LEFT, RIGHT, LEFT, RIGHT (LIKE IN LONG-LEGGED HANNAH):**

105-108 Roll knees left, right, left, right as you walk forward (as is done in Long Legged Hannah)  
109-120 Repeat steps 97-108 (part "C")

Begin over with A, then B, then C until end of music.

There are three different dances with this same title, but this seems to be the more popular of the three across America.