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And Get It On

Choreographer: Daniel Trepat (NL) & Jose Miquel Belloque Vane

Count: 32

Wall: 4

Level: Intermediate

Intro: 32 counts, from the first beat in music

Music: "Marvin Gaye" by Charlie Put

[1 –9] Side, Together, 1/8 turn R step fwd, Cha Cha R fwd, Syncopated half diamond

1 – 3	Step L to L side (1), Step R next to L (2), 1/8 turn R stepping L forward	1:30
4&5	Step R forward (4), Lock L behind R (&), Step R forward (5)	1:30
6&7	Step L forward (6), 1/8 turn L stepping R to R side (&), 1/8 turn L stepping L back (7)	10:30
8&1	Step R back (8), 1/8 turn L stepping L to L side (&), 1/8 turn L stepping R forward (1)	7:30

[10 – 17] Step fwd, ½ turn L, Cha Cha back, Rockstep, Cha Cha fwd

2 – 3	Step L forward (2), ½ turn L stepping R back (3)	1:30
4&5	Step L back (4), Lock R in front of L (&), Step L back (5)	1:30
6 – 7	Rock R back (6), Recover on L (7)	1:30
8&1	Step R forward (8), Lock L behind R (&), Step R forward (1)	1:30

[18 – 24] Hold, Extended cha fwd, Ball lock, unwind 7/8 turn R, Side, Touch, Hold

2&3&4	Hold (2), Lock L behind R (&), Step R forward (3), Lock L behind R (&), Step R forward (4)	1:30
&5 – 6	Step L forward (&), Lock R behind L (5), Unwind 7/8 turn R (weight ends on L) (6)	12:00
&7 – 8	Step R to R side (&), Touch L to L side (7), Hold (8)	12:00

[25 – 32] ¼ turn L, Flick, Step fwd, Spiral Turn L, Step fwd, ¼ turn L, Side, 1/8 turn L, Together, Hold, 3x heel bounces and 1/8 turn L

1 – 2	¼ turn L stepping L forward & flicking R back (1), Step R forward (2)	9:00
3	Full turn Spiral turn L (weight ends on R) (3)	9:00
4&5	Step L forward (4), ¼ turn L step R to R side (&), 1/8 turn L stepping L next to R (5)	4:30
6 – 7&8	Hold (6), Bounce both heels (7), Bounce both heels (&), Bounce both heels (8)	

On 7&8 while doing the heel bounces turn a 1/8 turn L 3:00

Repeat