## I Can

Choreographer: Laura Turcaud

Count: 32

**Wall:** 4

Level: Beginner

Intro: 16 counts

Music: "More" by Matt Lang



www.country-stafke.be

(1-8) Side, Touch with Snap, Side, Touch with Snap, Diagonaly Step, Together, Diagonaly Step, Touch R to R, touch L point next to R 1-2 (Movement of the arms from L to R, and snap your fingers to « Touch ») 3-4 L to L, touch R point next to L (Movement of the arms from R to L, and snap your fingers to « Touch ») \*\*2nd Restart after 4 counts (9th wall) 5-6 R diagonally forward R, L next to R 7-8 R diagonally forward R, touch L point next to R (Option « Step, Lock, Step » on counts 5-6-7 : R diagonally forward R, cross L behind R, R diagonally forward R) (9-16) Side, Touch, Side, Touch, Side, Together, 1/4 turn & Step, Scuff 1-2 L to L, touch R point nest to L (Movement of the arms from R to L, and snap your fingers to « Touch ») 3-4 R to R, touch L point next to R (Movement of the arms from L to R, and snap your fingers to « Touch ») 5-6 L to L, R next to L 7-8 1/4 turn to L and L forward, scuff R heel next to L 9H (Option « Rolling vine ¼ turn » on counts 5-6-7 : <sup>1</sup>/<sub>4</sub> turn to L and L forward, <sup>1</sup>/<sub>2</sub> turn to L and R back, <sup>1</sup>/<sub>2</sub> turn to L and L forward) (17-24) Step, Scoot with Hitch, Step, Scoot with Hitch, Bump x4 1-2 R forward, lift L knee and slip on R forward 3-4 L forward, lift R knee and slip on L forward \*1st Restart after 4 counts (4th wall)

5-6-7-8 R next to L and bend knee L-R-L-R (Hip swing)

## (25-32) Rumba box

- 1-2 R to R, L next to R
- 3-4 R back, touch L point next to R
- 5-6 L to L, R next to L
- 7-8 L forward, touch R point next to L

## Repeat