

# *Bring Me Down*

**Choreographer:** Lisa LeMier

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Music:** "All You Ever Do Is Bring Me Down" by The Mavericks



[www.country-stafke.be](http://www.country-stafke.be)

## **SHUFFLE, WALK, WALK, SHUFFLE, WALK, WALK**

- 1&2 Shuffle forward stepping on right, left, right
- 3-4 Walk forward stepping on left, right
- 5&6 Shuffle forward stepping on left, right, left
- 7-8 Walk forward stepping on right, left

## **SIDE SHUFFLE RIGHT, ROCK STEP, SIDE SHUFFLE LEFT, ROCK STEP**

- 1&2 Shuffle to right side stepping on right, left, right
- 3-4 Rock back on left foot; rock forward on right foot
- 5&6 Shuffle to left side stepping on left, right, left
- 7-8 Rock back on right foot; rock forward on left foot

## **SLOW WALK BACK**

- 1-2 Step right foot back; touch left foot next to right and clap hands
- 3-4 Step left foot back; touch right foot next to left and clap hands
- 5-6 Step right foot back; touch left foot next to right and clap hands
- 7-8 Step left foot back; touch right foot next to left and clap hands

## **STEP, ¼ TURN, STEP, ¼ TURN, STOMP, CLAP 3X**

- 1-2 Step right foot forward; make ¼ turn left (weight to left foot)
- 3-4 Step right foot forward; make ¼ turn left (weight to left foot)
- 5-6 Stomp right foot next to left (weight stays on left foot); Hold
- 7&8 clap hands three times

***Repeat***

