

Monday Morning

Choreographer: Raymond Sarlemijn

Count: 64

Wall: 4

Level: Beginner

Intro: 8 counts

Music: "Monday Morning" by Melanie Fiona



www.country-stafke.be

Step diagonal forward, touch, repeat 4x

- 1-2 (1) RF step diagonal forward (2) LF touches RF
- 3-4 (3) LF step diagonal forward (4) RF touches LF
- 5-6 (5) RF step diagonal forward (6) LF touches RF
- 7-8 (7) LF step diagonal forward (8) RF touches LF

Step diagonal backwards clap, repeat 4x

- 1-2 (1) RF step diagonal backwards (2) LF touches RF while doing this clap both hands
- 3-4 (3) LF step diagonal backwards (4) RF touches LF while doing this clap both hands
- 5-6 (5) RF step diagonal backwards (6) LF touches RF while doing this clap both hands
- 7-8 (7) LF step diagonal backwards (8) RF touches LF while doing this clap both hands

Too step, too step, repeat 2 x

- 1-2 (1) RF too right (2) RF step on spot
- 3-4 (3) LF crosses forward RF, LF on too (4) LF step on spot
- 5-6 (5) RF too right (6) RF step on spot
- 7-8 (7) LF crosses forward RF, LF on too (8) LF step on spot

Hip right, hold, hip left, hold, hip right, hip left, weight change

- 1-2 (1) RF right, stand in hip (2) hold
- 3-4 (3) LF left, stand in hip (4) hold
- 5-6 (5) hip right, stand in hip (6) hold
- 7-8 (7) hip left (8) hold

Too step, too step, repeat 2 x

- 1-2 (1) R too crosses forward LF (2) R too step on spot
- 3-4 (3) L too left (4) L too step on spot
- 5-6 (5) R too crosses forward LF (6) R too step on spot
- 7-8 (7) L too left (8) hold

Hip right, hold, hip left hold, hip, right, hold, hip left, hold

- 1-2 (1) LF step left, stand in hip (2) hold
- 3-4 (3) RF right, stand in hip (4) hold
- 5-6 (5) hip left (6) hip right
- 7-8-& (7) hip left (8) hip right (&) weight change left

Grapevine right, grapevine left ¼ left, brush

- 1-2 (1) RF right (2) LF crosses behind RF
- 3-4 (3) RF right (4) LF touches RF
- 5-6 (5) LF left (6) RF crosses behind LF
- 7-8 (7) 1/4 turn left, LF step forward (8) RF brushes forward

Rock forward, rock back, v step

- 1-2 (1) RF step forward (2) recover weight to LF
- 3-4 (3) RF step backwards (4) recover weight LF
- 5-6 (5) RF step diagonal forward (6) LF step diagonal forward
- 7-8 (7) RF step back (8) LF closes RF

Repeat

