

# Take A Breather

**Choreographer:** Maggie Gallagher

**Count:** 32

**Wall:** 4

**Level:** Beginner/Intermediate

**Intro:** 20 counts, start on vocals

**Music:** "I Need A Breather" by Darryl Worley



[www.country-stafke.be](http://www.country-stafke.be)

## STEP, DRAG, ROCKS, SIDE, TOGETHER, CHASSE RIGHT

- 1-2 Step left to left side, drag right to meet left
- 3-4 Rock back on right, rock forward on left
- 5-6 Step right to right side, step left next to right
- 7&8 Step right to right side, close left next to right, step right to right side

## CROSS, TOUCH, STEP, TURN, STEP, TOUCH, STEP, HOOK & CLICKS

- 9-10 Cross step left across right, tap right toe behind left heel
- 11-12 Step back on right, make  $\frac{1}{4}$  turn left stepping forward on left
- 13-14 Step forward on right, tap left toe behind right heel
- 15-16 Step back on left, hook right in front of left

*Raising arms and clicking fingers in the Spanish style*

## RIGHT LOCK, RIGHT LOCK STEP, CROSS, BACK, STEP SWAY, SWAY

- 17-18 Step forward on right, lock left behind right
- 19&20 Step forward on right, lock left behind right, step forward on right
- 21-22 Cross left in front of right, step back on right
- 23-24 Step left to left side swaying left, sway right

## HALF A FIGURE 8 VINE

- 25-26 Step left to left side, step right behind left
- 27-28  $\frac{1}{4}$  turn left step forward left, step forward right
- 29-30  $\frac{1}{2}$  pivot turn left,  $\frac{1}{4}$  turn left step right to right side
- 31-32 Step left behind right, step right to right side

## Repeat

### TAG 1

*After wall 4 facing front - repeat steps in section 4*

### TAG 2

*Danced during wall 9 after 24 counts*

### HIP BUMPS

- 1-2 Bump hips left, bump hips right
- 3-4 Bump hips left, bump hips right

### RESTART

*Immediately after TAG 2*

### TAG # 3 (BIG FINISH)

*On last wall (13th facing front) after doing the first 16 counts (the hook & snaps) end the dance as follows:*

- 17-18 Right rock recover on left
- 19&20 Right coaster step
- 21 Step forward on left turning  $\frac{1}{4}$  to front
- 22 Cross right foot behind left touching toe in a curtsy and snap fingers

