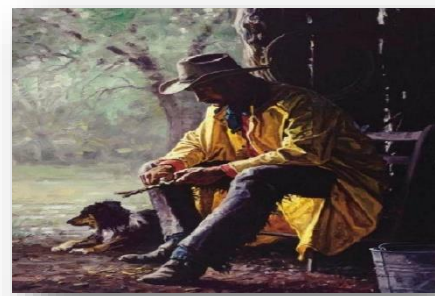


# Keepin it Country (aka The Rondane)

Choreographer : Stefan Schützer, Tanja Enget, Heidi Brenden & Tine Hildisch  
Level : Beginner  
Counts : 32  
Type of dance : 4 Wall  
Intro : 16 counts  
Music : Keepin It Country – by James Johnston



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**Restart on wall 3 & 7 after 16 counts**

**Ending: wall 10 after 12 counts**

## **S1 - Step, Step , shuffle fwd, ½ shuffle R , coaster step**

1-2 Step RF fwd(1) , Step LF fwd(2)  
3&4 Step RF fwd (3) , step LF next to RF (& ) , step RF fwd (4)  
5&6 Step LF ¼ turn R (5) , step RF next to LF (&) Step LF back ¼ turn R(6) (facing 6:00)  
7&8 Step RF back (7) Step LF next to RF (&) Step RF fwd(8)

## **S2 - Toe, heel, cross, toe, heel, cross(moving fwd) , ¼ turn R (pivot), cross shuffle**

1&2 Touch L toe next to RF(1), L heel fwd(&), step LF fwd a little in cross of RF(2)  
3&4 Touch R toe next to LF (3), R heel fwd (& ) , step RF fwd a little in cross of RF(4)  
5-6 Step LF fwd(5) pivot ¼ turn R transferring weight to RF(6)(Facing 9:00)  
7&8 Cross LF over RF(7) Step RF to R (&) cross LF over RF(8)

**Restart here on wall 3 & 7 facing 3:00**

## **S3 - Side, together, side, touch, vine to L**

1-2 Step RF to R(1) step LF next to RF(2)  
3-4 Step RF to R(3) touch LF next to RF(4)  
5-6 Step LF to L(5) cross RF behind LF(6)  
7-8 Step LF to L (7) touch RF next to LF

## **S4 - Syncopated heel, hook switches**

1&2 R heel fwd(1) step RF next to LF(&) L heel fwd(2)  
&3&4 Step LF next to RF(&) R heel fwd (3) hook RF cross over LF(&) R heel fwd(4)  
&5&6 Step RF next to LF(&) L heel fwd(5) Step LF next to RF(&) R heel fwd(&)  
&7&8 Step RF next to LF(&) L heel fwd(7) hook LF cross over RF(&) Stomp LF next to RF(8)

**Ending : Wall 10. Do the first 12 counts then: 1-4 - pivot ½ turn, pivot ¼ turn Right.**

**Ending the dance to 12:00**

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