

4 Beers

Choreographer : Alexis Strong & Caroline Cooper

Type of dance : 4 Wall

Level : Improver

Counts : 64

Intro : Start on vocals

Music : One Beer – by Clark Hill



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NO TAGS OR RESTARTS

[1-8] X2 FWD TOE STRUTS, R KICK OUT OUT CLAP.

- 1-2 Touch R Toe Fwd (1) Put Weight On R(2)
- 3-4 Touch L Toe Fwd (3) Put Weight On L (4)
- 5-6 Kick R Fwd (5) Step Out On R (6)
- 7-8 Step Out On L (7) Clap (8)

[9-16] TWIST R, HEELS TOES HEELS HITCH, POINT R OUT HITCH X2.

- 1-2 Twist R Heel In (1) Twist R Toe In (2)
- 3-4 Twist R Heel In (3) Hitch R (4)
- 5-6 Point R (5) Hitch R (6)
- 7-8 Point R (7) Hitch R (8)

[17-24] X2 GRAPEVINES TOUCHES.

- 1-2 Step R To R (1) Cross L Behind R (2)
- 3-4 Step R To R (3) Touch L To R (4)
- 5-6 Step L To L (5) Cross R Behind L (6)
- 7-8 Step L To L (7) Touch R To L (8)

[25-32] R FWD CLAP, 1/2 TURN CLAP, R FWD CLAP, 1/4 L.

- 1-2 Step Fwd R (1) Clap (2)
- 3-4 Making 1/2 Turn L, Step On L (3) 6:00 Clap (4)
- 5-6 Step Fwd R (5) Clap (6)
- 7-8 Making 1/4 Turn L Step On L (7) 3:00 Clap (8)

[33-40] x2 TWISTS HEELS TOES HEELS CLICK

- 1-2 Twist Heels R (1) Twist Toes R (2)
- 3-4 Twist Heels R (3) Click
- 5-6 Twist Heels L (5) Twist Toes L (6)
- 7-8 Twist Heels L (7) Click Both Hands (8)

[41-48] R MONTEREY 1/2 TURN, HEELS STRUTS FWD

- 1-2 Point R To R (1) Close R To L Making 1/2 Turn R (2)
- 3-4 Point L (3) Close L To R (4) 9:00
- 5-6 R Heel Fwd (5) Weight On R (6)
- 7-8 L Heel Fwd (7) Weight On L (8)

[49-56] X2 STOMP R FWD, TWIST HEELS TOES HEELS.

- 1-2 Stomp R Fwd (1) Twist L Heel (2)
- 3-4 Twist L Toe (3) Twist L Heel (4)
- 5-6 Stomp L Fwd (5) Twist R Heel (6)
- 7-8 Twist R Toe (7) Twist R Heel (8)

[57-64] R ROCKING CHAIR, STOMP R STOMP L, SWIVET.

- 1-2 Rock Fwd R (1) Recover On L (2)
- 3-4 Rock Back R (3) Recover On L (4)
- 5-6 Stomp R Fwd (5) Stomp L Fwd (6)
- 7-8 Twist R Heel To R, Twist L Toe In (7) Put Weight On Both Feet & Shout Whoo (8)

START AGAIN

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