

Restart My Past (P)

Choreographer : Gerry Bekkers & Patrick Endevoets

Type of dance : 0 wall - partnerdance

Level : Beginner

Counts : 32

Intro : 32 counts

Music : If I Could Just Let You Go – by Country Angel



www.country-stafke.be

****2X TAGS**

***1X (2 COUNTS) STEP CHANGE,**

#32 Count intro., RIGHT OPEN PROMENADE POSITION, Man's right hand holds the lady's left hand LOD (counter clockwise) Dance sequence : 32- 32+TAG -32-32- 14+2 STEP CHANGE-32- 32+TAG -32-32-32-32- 32-14 end of dance!

MAN'S STEPS:

[1-8] L FWD, TOUCH BEHIND, R BACKWARD, TOGETHER, R BACKWARD, TOUCH, L BACKWARD, TOUCH
Man's Right hand holds Lady's Left hand

1-2-3-4 LF step forward, RF touch behind LF, RF step backward, LF step next to RF

5-6-7-8 RF step backward, LF touch next to RF, LF step backward, RF touch next to LF

[9-16] R FWD, TOGETHER, R FWD, SCUFF, ¼ TURN R STEP TO L SIDE, TOUCH, R SIDE, TOUCH

9-10-11-12 RF step forward, LF step next to RF, RF step forward, LF scuff next to RF

13 ¼ Turn Right LF step to left side Man's Left hand now also grabs the Lady's Right hand (both hands now,

Double Hand Position): Man faces O.L.O.D., Lady faces I.L.O.D. and facing each other

14-15-16 RF touch next to LF, RF step to right side, LF touch next to RF

2 COUNT STEP CHANGE, ONLY ON THE 5TH TIME, DANCE AFTER 14 COUNTS (REPLACE COUNTS 15-16):

15 (Man's Left hand releases Lady's Right hand) RF ¼ Turn left step back, 16: Left touch next to right ...Restart dance!

[17-24] L GRAPEVINE, TOUCH, ¼ TURN L, L HOOK, L FWD, SCUFF

1-3 Man's Right hand releases Lady's left hand, Man takes the right hand of the Lady up, the Lady turns under the Man's left arm

17-18-19 LF step to left side, RF cross behind LF, LF step to left side

20 RF touch next to LF, Man's Left hand grabs Lady's Right hand (both hands now, Double Hand Position)

21 RF ¼ Turn Left, step backward, Man's left hand releases the Lady's right hand

22-23-24 LF hook in front of Right leg (LOD), LF step forward, RF scuff next LF

[25-32] WALK FWD R-L-R, SCUFF, ROCKING CHAIR

25-26-27-28 Walk forwards with R-L-R, LF scuff next RF

29-30-31-32 LF rock forward, RF recover weight, LF rock backward, RF recover weight

START AGAIN...

TAG MAN:

ONLY DURING 2ND AND 7TH TIME, AFTER COUNT 32:

1-2-3-4 LF cross over RF, RF step backward, LF small step to left side, RF step next to LF

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LADY'S STEPS:

[1-8] R FWD, TOUCH BEHIND, L BACKWARD, TOGETHER, L BACKWARD, TOUCH, R BACKWARD, TOUCH
Lady's Left hand holds Man's Right hand

1-2-3-4 RF step forward, LF touch behind RF, LF step backward, RF step next to LF

5-6-7-8 LF step backward, RF touch next to LF, RF step backward, LF touch next to RF

[9-16] L FWD, TOGETHER, L FWD, SCUFF, ¼ TURN L STEP TO R SIDE, TOUCH, L SIDE, TOUCH

9-10-11-12 LF step forward, RF step next to LF, LF step forward, RF scuff next LF

13 ¼ Turn Left, RF step to right side Lady's Right hand now also grabs Man's Left hand (both hands now, Double Hand Position facing each other)

14-15-16 LF touch next to RF, LF step to left side, RF touch next to LF

****2 COUNT STEP CHANGE, ONLY ON THE 5TH TIME, DANCE AFTER 14 COUNTS (REPLACE COUNTS 15-16):**

15 (Lady's Right hand releases Man's Left hand) LF ¼ Turn right step back, 16: RF touch next to LF
 ...Restart dance!

[17-24] R ROLLING GRAPEVINE, TOUCH, ¼ TURN R, R HOOK, R FWD, SCUFF

17-18-19 Lady's Left hand releases Man's Right hand and Lady's right hand up, Lady turns under Man's left arm

17-18-19-20 RF step ¼ Turn Right, LF ½ Turn Right step backward, RF ¼ Turn Right step to side, LF touch next to RF, Lady's Left hand grabs Lady's Right hand (both hands now, Double Hand Position)

21 LF ¼ Turn Right step backward, Lady's Right hand releases Man's left hand, Lady's left hand still holds Man's right hand

22-23-24 RF hook in front of Left leg, RF step forward, LF scuff next RF

[25-32] WALK FWD L-R-L, SCUFF, ROCKING CHAIR

25-26-27-28 Walk forwards with L-R-L, RF scuff next LF

29-30-31-32 RF rock forward, LF recover weight, RF rock backward, LF recover weight

START AGAIN...

TAG LADY:

ONLY DURING THE 2ND AND 7TH TIME, AFTER COUNT 32:

1-2-3-4 RF cross over LF, LF step backward, RF small step to right side, LF step next to RF

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