

Raise 'Em Up

Choreographer : Cathy Garland

Level : High Beginner

Counts : 32

Type of dance : 4 Wall

Intro : 16 counts

Music : Raise 'Em Up (ft. Eric Church) – by Keith Urban

Restart Wall 3 after 16 counts, Tag & Restart Wall 7 after 16 counts



www.country-stafke.be

HEEL & HEEL & ROCKING CHAIR, SHUFFLE RLR (12:00-12:00)

1&2& R Heel(1), Return(&), L Heel(2), Return(&)
3-4 Rock R forward, Recover L
5-6 Rock R back, Recover L
7&8 R forward, L next to R, R forward

ROCKING CHAIR, ½ PIVOT, SHUFFLE LRL (12:00-6:00)

1-4 Rock L forward, Recover R, Rock L back, Recover L
5-6 Step L forward, Make ½ turn R keeping weight on R
7&8 L forward, R next to L, L forward

RESTART Wall 3: Starts at 6:00 happens at 12:00

TAG & RESTART Wall 7 – 4 Count Tag Rocking Chair, then Restart: Starts at 9:00 happens at 3:00

HEEL & HEEL & ROCK R RECOVER, BEHIND SIDE CROSS, ROCK L RECOVER (6:00-6:00)

1&2& R Heel(1), Return(&), L Heel(2), Return(&)
3-4 Rock R to R, Recover L
5&6 R behind L, L to L, Cross R over L
7-8 Rock L to L, Recover R

STEP POINT X2, JAZZ BOX ¼ TURN L (6:00-9:00)

1-4 L forward, Point R, R forward, Point L
5-8 Cross L over R, making ¼ turn L Step R back, Step L forward, Touch R next to L

START AGAIN

Cathy Garland Email: granitestatestomp@gmail.com

www.country-stafke.be