



# One Chance to Slow Dance

**Choreographer:** Darren Tubridy & Rob Fowler

**Count:** 64

**Wall:** 4

**Level:** High Improver

**Intro:** 32 counts

**Music:** "Slow Dance(Sam Feldt Remix" by AJ Mitchell ft Ava Max

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## **S1 Rock, Recover, & Touch Fwd, Touch Side, L Sailor ¼ L, Step R, Pivot ½ L**

1,2&3,4 Rock fwd R, recover on L, step R next to L (&), touch L fwd, touch L to L side  
5&6 Cross L behind R making ¼ turn L, step R to R side, step L to L side  
7,8 Step fwd R, pivot ½ turn L (3:00)

## **S2 Cross Rock, Recover, Chasse R, Cross L, Side R, L Sailor**

1,2 Cross rock R over L, recover on L  
3&4 Step R to R side, step L next to R, step R to R side  
5,6 Cross L over R, step R to R side  
7&8 Cross L behind R, step R to R side, step L to L side (3:00)

## **S3 R Jazzbox, R Kick, Back R, Back L, ¼ R, Hitch L**

1,2,3,4 Cross R over L, step back L, step R to R side, step fwd L  
5&6 Kick R fwd, step back R, step back L  
7,8 Make ¼ turn R stepping R to R side, hitch L (6:00)

## **S4 Side L, Hold, & Side L, Hold, R Sailor, Touch L, Unwind ¾ L**

1,2&3,4 Step L to L side, hold (& clap), step R next to L (&), step L to L side, hold (& clap)  
5&6 Cross R behind L, step L to L side, step R to R side  
7,8 Touch L behind R, unwind ¾ turn L (weight on L) (9:00)

## **S5 Cross Rock, Recover, Side Rock, Recover, Behind Side Cross, Side Rock, Recover**

1,2,3,4 Cross rock R over L, recover on L, rock R to R side, recover on L  
5&6 Step R behind L, step L to L side, cross R over L  
7,8 Rock L to L side, recover on R (9:00)

## **S6 Cross Rock, Recover, Side Rock, Recover, Behind Side Cross, Side Rock, Recover**

1,2,3,4 Cross rock L over R, recover on R, rock L to L side, recover on R  
5&6 Step L behind R, step R to R side, cross L over R  
7,8 Rock R to R side, recover on L (9:00)

## **S7 Rock, Recover, R Coaster, Step L, Pivot ½ R, L Kick Ball Change**

1,2,3&4 Rock fwd R, recover on L, step back R, step L next to R (&), step fwd R  
5,6 Step fwd L, pivot ½ turn R  
7&8 Kick L fwd, step L next to R, step R next to L (3:00)

## **S8 Step L, Touch R, Back R, Touch L, Step L, Scuff R, Step R, Pivot ½ L (x2)**

1,2&3 Step fwd L, touch R behind L, step back R (&), touch L heel fwd  
&4 Step L next to R, scuff R fwd  
5,6,7,8 Step fwd R, pivot ½ turn L, step fwd R pivot ½ turn L (3:00)

## **Start Over**



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