



www.country-stafke.be

Same Ole Shift

Choreographer : Runa

Type of dance : 4 Wall

Level : Beginner

Counts : 32

Intro : 32 counts

Music : Same Ole Shift – by Quinton Blair

****2 x RESTART: Wall 5 after 16 count (facing 3:00)**

Wall 11 after 12 count (facing 9:00)

S1. (Side, touch and clap) x 2 (R+L), vine, cross

- 1-2 Step R to R side, touch L beside R and clap
- 3-4 Step L to L side, touch R beside L and clap
- 5-6-7-8 Step R to R side, cross L behind R, step R to R side, cross L over R

S2. ¼ monterey turn, (heel, together) x 2 (R+L)

- 1-2 Point R to R side, make a ¼ turn R stepping R beside L (3:00)
- 3-4 Point L to L side, step L beside R
- 5-6 Dig R heel diag fwd, step R beside L
- 7-8 Dig L heel diag fwd, step L beside R

S3. (Toe-fan, toe-fan) x 2 (R+L)

- 1-2-3-4 Swivel R toes out-in-out-in
- 5-6-7-8 Swivel L toes out-in-out-in

S4. Rocking-chair, (toe-strut) x 2 (R+L)

- 1-2 Rock fwd on R, recover on L
- 3-4 Rock back on R, recover on L
- 5-6 Touch R toes fwd, drop R heel down
- 7-8 Touch L toes fwd, drop L heel down

START AGAIN

www.country-stafke.be