



PTL For Southern Women

Choreographer : Lidia Landon Michael

Type of dance : 4 Wall

Level : Beginner

Counts : 32

Intro : 16 counts

Music : Praise The Lord – Breland (ft. Thomas Rhett)

*****3 OBVIOUS RESTARTS AND NO TAGS!**

SECTION 1: V STEP, HEEL SWITCH 3X, CLAP 2X

1-2 Step R to R front diagonal, Step L to L front diagonal

(Optional: snap hands on “&” beats)

3-4 Step R back to center, Step L next to R (Optional: snap hands on “&” beats)

5&6& R heel touch front, step R next to L, L heel touch front, step L next to R

7&8 R heel touch front, clap twice(&8)

SECTION 2: V STEP ¼ R TURN, HEEL SWITCH 3X, CLAP 2X

1-2 Step R to R front diagonal, Step L to L front diagonal

(Optional: snap hands on “&” beats)

3-4 Step R back with ¼ R turn, Step L next to R (Optional: snap hands on “&” beats)

5&6& R heel touch front, step R next to L, L heel touch front, step L next to R

7&8 R heel touch front, clap twice(&8)

SECTION 3: SIDE SHUFFLES R & L, JAZZ BOX WITH ¼ R TURN

1&2 Step R side, Step L next to R, Step R side

3&4 Step L side, Step R next to L, Step L side

5-6 Step R across L, Step back L

7-8 Step R forward with ¼ R turn, Step L across R

SECTION 4: MODIFIED CHARLESTON, 4 WALKS IN ¾ R CIRCLE

1-2 Step R front, Kick L front l

3-4 Step R back, Tap R toe back

5-6 Walk R, L starting a ¾ circle to R

7-8 Walk r, L completing the ¾ circle

START AGAIN

EASY RESTARTS:

WALL 2 (FACING 3:00) AFTER 4 COUNTS

WALL 4 (FACING 6:00) & WALL 8 (FACING 3:00) AFTER 8 COUNTS