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Bella Louisiana

Choreographer : Wil Bos

Type of dance : 4 Wall

Level : Improver

Counts : 32

Intro : 8 counts

Music : He yaille yaille (Disco fait dodo) – by Véronique Labbé

Heel Switches, Heel, Hook, Heel, Heel Switches, Step Fwd, Swivel Heels L

1&2& RF. Touch heel fwd - RF. Step back on place - LF. Touch Heel Fwd - LF. Step back on place
3&4& RF. Touch heel Fwd - RF. Hook in front of Left shin. RF. Touch Heel Fwd – RF. Step on place
5&6& LF. Touch heel fwd - LF. Step back on place - RF. Touch Heel Fwd - RF. Step back on place
7&8 LF. Step fwd – RF & LF. Swivel heels left and back to center

Coaster Step, Lockstep, ½ Turn R, ¼ Turn R, Behind Side Cross

1&2 LF. Step back - RF. Close beside LF - LF. Step fwd
3&4 RF. Step fwd - LF. Lock behind RF – RF. Step fwd
5&6 LF. Step Fwd – RF & Lf make ½ turn R - LF. Make ¼ turn R step to left (9.00)
7&8 RF. Cross behind LF - LF. Step to L – RF. Cross over LF

Rumba Box Fwd, Rumba Box Back Wards, Coaster Step, Point R, Point L

1&2 LF. Step to L - RF. Step together - LF. Step fwd
3&4 RF. Step to R - LF. Step together – RF. Step back
5&6 LF. Step back - RF. Close beside LF - LF. Step fwd
7&8& RF. Point to right side - RF. Close beside LF – LF. Point to Left side - LF. Close beside RF

Scuff Hitch Step back, Coaster Step, Lockstep Fwd, ½ Change Turn R

1&2 RF. Scuff hitch step back
3&4 LF. Step back - RF. Close beside LF - LF. Step fwd
5&6 RF. Step fwd - LF. Lock behind RF – RF. Step fwd
7&8 LF. Step fwd – RF & LF. ½ turn R - LF. Step fwd

START AGAIN

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