

No Time To Waste

Choreographer: Pat Newell

Count: 32

Wall: 2

Level: Beginner

Intro: 32 counts

Music: "Precious Time" by Van Morrison



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NO TAGS NO RESTARTS

TWO RIGHT LEAD CHARLESTONS

1-4 Step fwd on R, kick L, step back on L, touch R slightly back

5-8 Step fwd on R, kick L, step back on L, touch R slightly back

ROCK RECOVER, 1/2 TURN RIGHT TRIPLE STEP, ROCK RECOVER, SAILOR TO 1/4 LEFT

1,2 3&4 Rock fwd on R, recover on L, triple RLR turning to 6:00 wall

5,6 7&8 Rock fwd on L, recover on R, turn 1/4 L, stepping L slightly behind R, step on R, step on L facing 3:00 wall (sailor step)

WALK FORWARD RIGHT LEFT, RIGHT, KICK LEFT, WALK BACK LEFT, RIGHT, LEFT TOUCH RIGHT

1-4 Walk fwd R, L, R, kick L,

5-8 Walk back L, R, L, touch R next to L

1/4 MONTEREY TURN, SWAYS FWD, BACK, BACK, FORWARD

1-4 Point R to R, turn 1/4 R, step down on R, point L to L, step on L (6:00)

5-8 Sway R hips fwd, recover weight to L, sway R hips back, recover on L

Repeat

