# Four Strong Winds

Choreographer: Gaye Teather

Level: Easy Intermediate

Count: 64

Wall: 2

Intro: 32 counts

Music: "Four Strong Winds" by Neil Young (Rock)

"Four Strong Winds" by Bobby Bare (Country)

## No tags or restarts

#### Weave Left. Cross rock. Chasse Right

- 1 4 Cross Right over Left. Step Left to Left. Cross Right behind Left. Step Left to Left
- 5 6 Cross rock Right over Left. Recover onto Left
- 7&8 Step Right to Right side. Step Left beside Right. Step Right to Right side

## Cross. Quarter turn Left x 2. Hitch. Sway. Sway. Cross. Point

- 1 2 Cross Left over Right. Quarter turn Left stepping back on Right
- 3 4 Quarter turn Left stepping Left to Left side. Hitch Right knee (Facing 6 o'clock)
- 5 6 Step Right to Right side swaying hips Right. Sway hips Left
- 7 8 Cross Right over Left. Point Left to Left side

#### Behind. Side. Cross. Hitch. Back. Back. Coaster cross

- 1 2 Cross step Left behind Right. Step Right to Right side
- 3 4 Cross Left over Right (angling body to Right diagonal). Hitch Right knee
- 5 6 Walk back Right. Left (still facing Right diagonal)
- 7&8 Straightening up to face 6 o'clock step back on Right. Step Left beside Right. Cross Right over Left

#### Left side rock. Cross shuffle. Right side rock. Cross shuffle

- 1 2 Rock Left to Left side. Recover onto Right
- 3&4 Cross Left over Right. Step Right to Right side. Cross Left over Right
- 5 6 Rock Right to Right side. Recover onto Left
- 7&8 Cross Right over Left. Step Left to Left side. Cross Right over Left

#### Vine quarter turn Left. Step. Pivot half turn Left. Skate Right. Left. Right

- 1 4 Step Left to Left side. Cross Right behind Left. Quarter turn Left stepping forward on Left
- 5 8 Step forward on Right. Pivot half turn Left. Skate forward Right. Left. Right (facing 9 o'clock)

#### Left cross rock. Chasse Left. Jazz box quarter turn Right. Cross

- 1 2 Cross rock Left over Right. Recover onto Right
- 3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
- 5 6 Cross Right over Left. Step back on Left
- 7 8 Quarter turn Right stepping Right to Right side. Cross Left over Right (Facing 12 o'clock)

# Reverse Rumba box

- 1 4 Step Right to Right side. Step Left beside Right. Step back on Right. Touch Left beside Right
- 5 8 Step Left to Left side. Step Right beside Left. Step forward on Left. Brush Right forward

# Right Rocking Chair. Step. Pivot quarter turn Left x 2

1 - 4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover forward on Left
5 - 8 Step forward on Right. Pivot quarter turn Left. Step forward on Right. Pivot quarter turn Left (Facing 6 o'clock)

# Start Again



# www.country-stafke.be