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Keep It In The Middle Of The Road

Choreographer: Yvonne Anderson, Lee Hamilton & Cati Torrella

Count: 32 Wall: 2

Level: Improver

Intro: start on vocals

Music: "Keep It in Middle of the Road" by Kirwan

Notes: Add 4 count tag at the end of wall 1 (facing 6) and following count 8 during wall 5 (facing 12).

To finish facing forward...wall 9, dance through to count 6 (facing 6) then change counts 7&8 to the following step L forward, ½ turn right, Step L forward (now facing 12) add 4 count tag.

[1-8] KICK-STEP-ROCK-RECOVER X 2, SHUFFLE FORWARD, PIVOT FULL TURN

1&2& Kick R forward, (&) Step R slightly forward, Rock L to left, (&) Recover weight on R [12] Kick L forward, (&) Step L slightly forward, Rock R to right, (&) Recover weight on L [12] 3&4&

5&6 Shuffle forward stepping R, L, R [12]

Step L forward, (&) ½ turn right taking weight on R, ½ turn right stepping L back [12] 7&8

***TAG + RESTART....add 4 count tag following count 8 (facing 6) then restart dance

[9-16] 1/4 RIGHT, TOUCH, 1/4 LEFT TOUCH, 1/4 LEFT TAP TOUCH, HEEL-TOE SWIVELS, BEHIND-SIDE-CROSS

1/4 turn right stepping R to right, (&) Touch L beside right [3] 2& 1/4 turn left stepping L forward, (&) Touch R toes beside left [12]

1/4 turn left stepping R to side, (&) Tap L toes beside right, Touch L toes to left [9] 3&4

Swing heels towards centre, (&) Swing both toes centre, Swing heels to centre [9] 5&6 (counts 5&6...feet will gradually come to centre as you swing/walk heel, to, heel)

Step R behind left, (&) Step L to left, Step R across left [9]

[17-24] RHUMBA BOX, TWO STEP REVERSE FULL TURN, BEHIND-SIDE-CROSS-SIDE

Step L to left, (&) Step R beside left, Step L forward [9] 3&4 Step R to right, (&) Step L beside right, Step R back [9] ½ turn left stepping L forward, ½ turn left stepping R back [9] 5-6

Step L behind right, (&) Step R to right, Step L across right, (&) Step R to right [9]

[25-32] HEEL TOUCHES, MAMBO, SAILOR ¼ , SHUFFLE FORWARD

1&2& Touch L heel forward, (&) Step L beside right, Touch R heel forward, (&) Step R beside left [3]

Rock L forward, (&) Recover weight on R, Step L beside right [3] 3&4

Step R behind left, (&) 1/4 turn left stepping L to side, Step R slightly forward [6] 5&6

7&8 Shuffle forward stepping L, R, L [6]

Repeat

TAG: add the following tag at the end of wall 1 and following count 8 during wall 5 and to finish wall 9 (see notes to finish facing forward)

Touch R heel forward, (&) Step R beside left, Touch L heel forward, (&) Step L beside right 1&2&

Stomp R to right (&) Stomp L to left, HOLD 3&4