

Bowleggin'

Choreographer: Barry & Tamela Baker

Level: Intermediate / Advanced

Count: 64

Wall: 4

Music: "Serious Love" By Rick Trevino or "Any way The Wind Blows" by Brother Phelps



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HEEL-TOE SPLITS

1-2 With weight on balls of both feet, spread heels out - in
3-4 With weight on heels of both feet, spread toes out - in
5-8 Repeat steps 1-4

HOP, SPLIT, CLAP

& With body angled slightly left lean back on right foot and extend left heel forward
9 Bring both feet to center
10 Hop slightly forward stomping both feet
& With body angled slightly right lean back on left foot and extend right heel forward
11 Bring both feet to center
12 Hop slightly forward stomping both feet
13-14 With weight on balls of both feet, spread heels out-in
15-16 Clap hands twice

PINBALL HOPS

& Hop forward at a right diagonal on right foot
17 Touch left toe beside right
18 Pause or hold one beat & hop forward at a left diagonal on left foot
19 Touch right toe beside left
20 Pause or hold one beat
&21-24 Repeat steps &17-20

GRAPEVINE RIGHT

25-27 Vine right (step right to right, step left behind, step right to right)
28 Hook left foot in front of right leg

GRAPEVINE LEFT WITH ¼ TURN

29-31 Vine left (step left to left; step right behind, step left to left into a ¼ turn left)
32 Finishing ¼ turn left, brush right foot forward toe-heel cross-walks
33-34 Cross right toe in front of left foot (raise hands to shoulder level); lower left heel to floor
(and snap fingers as you drop hands)
35-36 Touch left toe to left side with heel off floor (raise hands to shoulder level); lower left heel to floor
(and snap fingers as you drop hands)
37-40 Repeat steps 33 - 36

KICK, ROCK STEP

41 Kick right foot forward & bend right knee slightly
42 Kick right foot forward
43-44 Rock back on right foot; step forward onto left

PIVOT TURN, STOMP

45-46 Step forward on right; pivot ½ turn to left
47-48 Stomp right foot; stomp left foot

BOWLEGGIN'

49 Touch right toe forward "bowing" knee to right (your knee should move in a ¼ circle to the right)
50 "bow" right knee back to center and straighten putting weight on right foot
51 Touch left toe forward "bowing" knee to left (your knee should move in a ¼ circle to the left)
52 "bow" left knee back to center and straighten putting weight on left foot
53-56 Repeat steps 49 - 52

HEELS TOUCHES WITH MONTEREY SPINS

57& Touch right heel in front twice
58 Touch right toe out to right
59 Swing right foot ¼ turn to right
60 Step down on right foot
61& Touch left heel in front twice
62 Touch left toe out to left
63 Swing left foot ¼ turn to left
64 Step down on left foot

Repeat

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