Follow Til the End

Choreographer: Maggie Gallagher

Type of dance: 4 Wall

Level : Improver Counts : 32

Intro: 8 counts, start on the word "WATERS"

Music: Follow - by Maria Sur



S1: R SIDE, TOUCH, L SIDE, TOGETHER, BACK, TOUCH, 1/4 MONTEREY R

1-2 Step right to right side, Touch left next to right
3-4 Step left to left side, Step right next to left
5-6 Step back on left, Touch right next to left

7-8 Point right to right side, ¼ right stepping right next to left [3:00]

1-2 Point left to left side, Step left next to right

S2: R ROCKING CHAIR, STEP, ½ PIVOT L

Rock forward on right, Recover on left,
Rock back on right, Recover on left
Step forward on right, Pivot ½ left [9:00]

S3: R LOCK STEP, HITCH, CROSS, SIDE, BEHIND, SWEEP

1-2-3 Step forward on right, Lock left behind right, Step forward on right

4 Hitch left knee up and slightly across right

Styling Note: Every chorus when she sings "follow", slowly raise both arms up during counts 1-4

5-6 Cross left over right, Step right to right side

7-8 Cross left behind right, Ronde sweep right from front to back

S4: EXTENDED WEAVE L, CROSS ROCK, RECOVER

1-2 Cross right behind left, Step left to left side
3-4 Cross right over left, Step left to left side
5-6 Cross right behind left, Step left to left side
7-8 Cross rock right over left, Recover on left [9:00]

START AGAIN

TAG: At the end of Wall 4 [12:00], dance the following 4 count Tag:

R HIP BUMP, L HIP BUMP, R HIP BUMP, L HIP BUMP

1-2 Step to right to right side bumping hips right, Bump hips left

3-4 Bump hips right, Bump hips left

ENDING: At the end of Wall 13 [9:00], turn 1/4 right stepping forward on right to finish facing [12:00]

Maggie Gallagher - +44 7950291350

www.country-stafke.be



www.country-stafke.be