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The City Put the Country Back in Me

Choreographer : Mega Lienatha Lie & mBah Wir

Type of dance : 4 Wall

Level : Beginner

Counts : 32

Intro : 16 counts

Music : The City Put the Country Back In Me – by Neal McCoy

No Tag – No Restart

SEC 1 : LEFT LINDY, ROCKING CHAIR

- 1&2 Step LF to L (1), Close RF next to LF (&), Step LF to L (2)
3-4 Rock RF back (3), Recover onto LF (4)
5-6 Rock RF Fwd (5), Recover onto LF (6)
7-8 Rock RF Back (7), Recover onto LF (8)

SEC 2 : TURN ¼ RIGHT FORWARD SHUFFLE, TURN 1/2 RIGHT BACK SHUFFLE, BACK ROCK, KICK BALL CHANGE

- 1&2 Turn ¼ R Stepping RF Fwd (1), Close LF next to RF (&), Step RF Fwd (2) 3.00
3&4 Turn ½ R Stepping LF back (3), Close RF next to LF (&), Step LF back (4) 9.00
5-6 Rock RF back (5), Recover onto LF (6)
7&8 Kick RF Fwd (7), Close RF Next to LF (&), Step LF in Place (8)

SEC 3: HEEL STRUTS, CROSS OVER, BACK, RIGHT CHASSE

- 1-2 Touch R heel forward (1), Drop R toe (2), Touch L heel forward (3), Drop L toe (4)
5-6 Cross R over L (5), Step L back (6)
7&8 Step R to side (7), Step L next to R (&), Step R to side (8)

SEC 4: SLOW CROSS SHUFFLE, SWEEP, WEAVE, HOLD

- 1-4 Cross L over R (1), Step R to side (2), Cross L over R (3), Sweep R from back to front (4)
5-8 Cross R over L (5), Step L to side (6), Cross R behind L (7), Hold (8)

START AGAIN

For more infirmations about this dance please contact us at: lienathamega@gmail.com .or. ekohariprasetyo68@gmail.com

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