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Out of My Mind

Choreographer : Kristina Hopkins

Type of dance : 4 Wall

Level : Low Improver

Counts : 32

Intro : 32 counts

Music : Out of Sight – by Midland

(1-8): Lindy R, Lindy L

- 1&2, 3, 4 R foot steps side, L foot steps together, R foot steps side, L foot crosses behind, recover onto R foot
- 5&6, 7, 8 L foot steps side, R foot steps together, L foot steps side, R foot crosses behind, recover onto L foot

(9-16): Side, Behind, Stomp, Stomp, Sailor, Sailor Quarter

- 1, 2, 3, 4 R foot steps side, L foot crosses behind, R foot stomps out to the side, L foot stomps out to the side
- 5&6 R foot crosses behind, L foot steps side, R foot steps side
- 7&8 L foot sweeps to quarter turn over L shoulder (9:00) and crosses behind, R foot steps side, L foot steps side

(17-24): Step, Lock, Step Lock Step, Step, Lock, Step Lock Step

- 1, 2, 3&4 R foot steps forward, L foot crosses behind, R foot steps forward, L foot crosses behind, R foot steps forward
- 5, 6, 7&8 L foot steps forward, R foot crosses behind, L foot steps forward, R foot crosses behind, L foot steps forward

(25-32): Forward Rock, Recover, Coaster Step, Pivot Half, Half Turn, Touch

- 1, 2, 3&4 R foot steps forward, recover onto L foot, R foot steps back on ball of foot, L foot steps together on ball of foot, R foot steps forward
- 5, 6 L foot steps forward, feet pivot a half turn (3:00) as weight shifts to R foot
- 7, 8 L foot steps back to half turn (9:00), R foot touches next to L foot

START AGAIN

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