How You Leave A Man

Choreographer: The Highlander

Level : Improver

Counts : 32 Type of dance : 4 Wall

Info : Start on vocals

Music : How You Leave A Man – by Paloma Faith

Sec 1 Step Forward Touch, & Heel & Step, Forward Rock, Shuffle 1/2 Turn.

1-2 Step R forward, Touch L behind R,

&3&4 Step L back, Touch R heel forward, Step R next to L, Step L forward,

5-6 Rock forward onto R, Recover onto L,

7&8 Turn ¼ right stepping R to right side, Step L next to R, turn ¼ right stepping R forward.

Sec 2 Step Turn, Shuffle Forward, Side Touch, Side Touch, & Cross Shuffle.

Step L forward, Pivot ½ turn right stepping onto R,
Step L forward, Step R next to L, Step L forward,

Step R to right side, Touch L next to R, Step L to left side, Touch R next to L, Step R to right side, Cross L over R, Step R to right side, Cross L over R.

Sec 3 Side Rock, Behind Side Cross, Side Rock, Behind Side Cross.

1-2 Rock R to right side, Recover onto L,

3&4 Step R behind L, Step L to left side, Cross R over L,

5-6 Rock L to left side, Recover onto R,

7&8 Step L behind R, Step R to right side, Cross L over R.

Sec 4 Forward Rock, Coaster Step, Forward Rock, Triple 3/4 Turn Left.

1-2 Rock forward onto R, Recover onto L,

3&4 Step R back, Step L next to R, Step R forward,

5-6 Rock forward onto L, Recover onto R,

7&8 Turn ¾ left stepping L,R,L on the spot. (03.00)

Start Again

Tag At end of wall 5 facing 03.00

Step Turn, Step Turn, (or Rocking Chair)

1-2 Step R forward, Pivot ½ turn left stepping onto L, 3-4 Step R forward, Pivot ½ turn left stepping onto L.

Contact:- theldhighlander@gmail.com

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