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# Bell Bottoms Up

Choreographer : Deb Wookey

Type of dance : 2 Wall

Level : Improver

Counts : 48

Intro : 32 counts

Music : Bell Bottoms Up – by Lainey Wilson

## Section 1 - Turning Box: 4 x step touch with ¼ turns L (or K Step for non turners)

1,2,3,4      ¼ L, Step R Tap L next to R, ¼ L, step L, Tap R next to L  
5,6,7,8      ¼ L, Step R Tap L next to R, ¼ L, step L, Tap R next to L

## Section 2 - Rock recover, ½ turn shuffle, ½ pivot, fwd shuffle

9,10,11,12      Step R Fwd, Rock Back Onto L, Turn 180° R Shuffle Fwd Step : R-L-R  
13,14,15,16      Pivot : Step L Fwd, Turn 180° R Take Weight Onto R, Shuffle Fwd: L-R-L

## Section 3 - ¼ turn L, Side rock, back rock, side rock, back rock

17,18,19,20      Turn 90° L, Step R to Side, Recover weight onto L, Step R Back, Recover weight onto L  
21,22,23,24      Step R to Side, Recover weight onto L, Step R Back, Recover weight onto L

## Section 4 - Shuffling rumba back

25,26,27&28      Step R to R side. Close L beside R, Shuffle Back: R-L-R  
29,30,31,32      Step L to L side. Close R beside L, Shuffle Fwd: L-R-L.

## Section 5 - Kick Ball Step, ¼ L Kick Ball Step, Out, Out, Coaster Step

33&34,35,36      Kick R Forward, Step R Together, Step L Forward, Turn 90° L, Kick R Forward, Step R Together,  
Step L Forward  
37,38,39,40      Step R Fwd 45°, Step L Fwd 45°, Coaster : Step R Back, Step L Together, Step R Forward

## Section 6 - Walk Fwd L,R,L, Kick, Syncopated V Step x 2

41,42,43,44      Step L Fwd, Step R Fwd, Step L Fwd, Kick R Fwd.  
&45&46      Step R to right (&); Step L to left (45); Step R to centre (&); Step L beside R (46)  
&47&48      Step R to right (&); Step L to left (47); Step R to centre (&); Step L beside R (48)

## START AGAIN

### Tag 1 – Wall 1 (4 Count)

#### Side Tap, Side Tap

1,2,3,4      Step R to R Side, Tap L beside R, Step L to L Side, Tap R beside L

### Tag 2 – Wall 2 (12 Count)

#### Side Tap, Side Tap, 4 x ¼ L Paddles

1,2,3,4      Step R to R Side, Tap L beside R, Step L to L Side, Tap R beside L  
5,6,7,8      Step R foot forward, Pivot turn ¼ L, Step R foot forward, Pivot turn ¼ L  
9,10,11,12      Step R foot forward, Pivot turn ¼ L, Step R foot forward, Pivot turn ¼ L

### Restart 1 – Wall 5 (Step Change)

**Dance up to count 43 & add a Tap for count 44. Then restart from count 1.**

### Restart – Wall 6

**Dance up to count 36, then restart from count 1.**

### Ending – Wall 7

**Dance up to count 48, then finish with:-**

**Step R Fwd 45° and hold, Step L Fwd 45° with hands out to sides.**

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