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# Hearts And Flowers

**Choreographer:** Adrian Churm

**Level:** beginner

**Count:** 32

**Wall:** 4

**Music:** "Hearts And Flowers" by Dave Sheriff

## HEEL DIGS, COASTER STEP, HEEL DIGS, COASTER STEP.

1-2 Touch right heel forward twice  
3&4 Step back right, step left beside right, step right forward  
5-6 Touch left heel forward twice  
7&8 Step back left. Step right beside left, step forward left.

## RIGHT SHUFFLE, LEFT SHUFFLE, CROSS ROCK & SHUFFLE ½ TURN RIGHT

9&10 Step forward right, close left beside right, step forward right.  
11&12 Step forward left, close right beside left, step forward left  
13-14 Cross rock right over left, rock back onto left  
Steps 15 - 18 travel towards back wall  
15-16 Shuffle step ½ turn right, stepping - right, left, right.

## LEFT SHUFFLE ½ TURN RIGHT, COASTER STEP, CHARLESTON STEPS.

17&18 Shuffle ½ turn right stepping - left, right, left.  
19&20 Step back on right, step left beside right, step forward right.  
21-22 Step forward left. Touch right toe forward.  
23-24 Step right toe back, touch left toe back.

## CHARLESTON STEPS, HEEL TOE TOUCHES, ¼ TURN LEFT

25-26 Step forward left, swing right foot forward, touching right toe forward  
27-28 Step right toe back, touch left toe back.  
29-30 Touch left heel forward, touch left toe back  
31 Left foot step ¼ turn to the left  
32 Right foot touch next to left foot

**Repeat**

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