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# Like a Race

Choreographer : Ole Jacobson & Nina K.

Type of dance : 4 Wall

Level : Improver

Counts : 32

Intro : 16 counts, start on vocals

Music : It's A Race – by Chrish RB (LD Short Version)

## **(Sec.1) point r, cross touch, point r, close, point l, toe back, heel fwd, coaster step**

- 1-2 RF touch to the right - RF touch in front of LF
- 3&4 RF touch to the right - RF next to LF - LF touch to the left
- 5-6 LF tap back (tap only the toes) – L-Heel tap forwards
- 7&8 LF step back – RF next to LF – LF step forward (12:00)

## **(Sec.2) step, recover, shuffle in place full turn r (or coaster step), step, recover, shuffle back ½ turn l**

- 1-2 RF step forward – Shift weight to LF
- 3&4 Cha Cha on the spot, with a full R-turn (r-l-r) (or coaster step)
- 5-6 LF step forward – Shift weight to RF
- 7& ¼ turn l, LF step to the left (09:00) - RF next to LF
- 8 ¼ turn l, LF step forward (06:00)

## **(Sec.3) step, ¼ turn l, cross, side, heel, close, cross, side, behind, side, cross**

- 1-2 RF step forward - ¼ turn l (03:00)
- 3&4 RF cross over LF – LF step to the left – Touch R-Heel diagonally forward to the right
- &5-6 RF next to LF - LF cross over RF – RF step to the right
- 7&8 LF cross behind RF – RF step to the right – LF cross over RF

**Finish: on Count “7&8” coaster step with ¼ turn l (ending 12:00)**

## **(Sec.4) Side, behind, side, heel, close, cross, ¼ turn r, step ¼ turn r, shuffle fwd**

- 1-2 RF step to the right – LF behind RF
- &3 RF small step to the right – L-Heel tap diagonally to the left front
- &4 LF next to RF - RF cross over LF
- 5-6 ¼ turn r, LF step back (06:00) - ¼ turn r, RF step forward (09:00)
- 7&8 LF step forward - RF next to LF - LF step forward

**START AGAIN**

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