

One Boot In

Choreographer : Peter Davenport

Type of dance : 2 Wall

Level : Improver

Counts : 32

Intro : 16 counts, start on lyrics

Music : One Boot In – by Ashley Walls



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S1 Heel Switch, Heel Forward Heel Out, Together, Heel Switch Heel Forward, Heel Out, Flick L Heel

1&2& Touch R heel forward (1) Bring R to L (&) Touch L heel forward (2) Bring L to R (&)
3&4 Touch R heel forward (3) Touch R heel out R (&) Bring R to L 12
5&6& Touch L heel forward (5) Bring L to R (&) Touch R heel forward (6) Bring R to L (&)
7&8 Touch L heel forward (7) Touch L heel out to L (&) Flick L behind R (8) 12

S2 Side Rock Replace, Behind Side Step Forward, Paddle 2 x 1/4 Turns L

1.2 Rock L out to L, Replace weight back on R 12
3&4 Cross L behind R, Step R to R, Step L forward 12
5.6 Step forward R, Pivot 1/4 L (weight on L) 9
7.8 Step forward R, Pivot 1/4 L (weight on L) 6

Restart Here On Wall 3

S3 Rock Replace, Shuffle 1/2 R, Rock Replace Coaster Step

1.2 Rock forward R, Replace weight back on L 6
3&4 Shuffle 1/2 R R.L.R 12
5.6 Rock forward L, Replace weight back on R 12
7&8 Step L back, Bring R to L, Step L forward. 12

S4 Rock Replace, Syncopated Shuffle 1/2 R, Rocking Chair

1.2 Rock forward R, Replace weight back on L 12
3&4& 1/2 R step forward R (3) Bring L to R (&) Step forward R (4) Bring L to R (&) 6
5.6 Rock forward R, Replace weight back on L 6
7.8 Rock back on R, Replace weight back on L 6

(counts 3&4& are a shuffle 1/2 R with an extra step R.L.R.L)

START AGAIN

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