One Woman Man

Choreographer: Glynn Rodgers

Level: Improver

Count: 48

Wall: 4

Intro: Start on vocals

Music: "I'm a One Woman Man" by George Jones

[1-8] SYNCOPATED GRAPEVINE RIGHT, BACK ROCK, HINGE ½ TURN.
1-2   Step Right To Right Side, Cross Left Behind Right.
&   Step On Ball Of Right Foot Beside Left.
3-4   Cross Left Over Right, Step Right To Right Side.
5-6   Rock Back Left Behind Right, Recover Weight On To Right Foot.
7-8   Turn ¼ Right Stepping Back Left, Turn ¼ Right Stepping Side Right.

[9-16] CROSS, SIDE, SAILOR STEP, WEAVE LEFT.
1-2   Cross Left Over Right, Step Right To Right Side.
3&4   Cross Left Behind Right, Step Right Slightly To Right Side, Step Left To Place.
5-6   Cross Right Over Left, Step Left To Left Side.
7-8   Cross Right Behind Left, Step Left To Left Side.

[17-24] CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE ¼ LEFT.
1-2   Cross Rock Right Over Left, Recover Weight On To Left Foot.
3&4   Step Right To Right Side, Close Left To Right, Step Right To Right Side.
5-6   Cross Rock Left Over Right, Recover Weight On To Right Foot.
7&8   Step Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.

[25-32] PADDLE ¼ TURN X2, JAZZ BOX.
1-2   Step Forward Right, Pivot ¼ Turn Left.
3-4   Step Forward Right, Pivot ¼ Turn Left.
5-6   Cross Right Over Left, Step Back Left.
7-8   Step Right To Right Side, Close Left To Right.

[33-40] RIGHT & LEFT FOOT CRAWLS (BLUE FINGER LOU / DOCTOR DOCTOR)
1   Stomp Right Foot Forward Towards Right Diagonal.
2-4   Swivel Left Heel Towards Right, Swivel Left Toe Towards Right, Swivel Left Heel Towards Right.
5   Stomp Left Foot Forward Towards Left Diagonal.
6-8   Swivel Right Heel Towards Left, Swivel Right Toe Towards Left, Swivel Right Heel Towards Left.

[41-48] DIAGONAL BACK, TOUCH, SHUFFLE ½ TURN, ROCKING CHAIR.
1-2   Step Right Foot Back Towards Right Diagonal, Touch Left Beside Right.
3&4   Turn ¼ Left Stepping Left To Left Side, Close Right To Left, Turn ¼ Left Stepping Forward Left.
5-6   Rock Forward Right, Recover Weight On To Left.
7-8   Rock Back Right, Recover Weight On To Left.

Repeat